



SHANAH
שנה
TOVAH
טובה
5785 • 2024

Your interactive guide to services and programs for
Rosh Hashanah | Kol Nidrei | Yom Kippur
Sukkot | Shemini Atzeret | Simchat Torah

5785/2024

Our Services

We're bringing your favourite High Holy Days services for you and your family to enjoy! Beth Tzedec members can participate either in-person or via our virtual hub to access those experiences most meaningful to you.

This *High Holy Days Guide* will be updated with direct links to access the services as we move closer to Rosh Hashanah. Check your emails, and weekly eblasts for updated information and virtual links or visit our High Holy Days hub page at <https://bit.ly/hhd-davening-2024>.



Sanctuary Services

Join **Rabbi Steve Wernick**, **Hazzan Moshe Fishel** and **Maestro Meir Briskman**, **Lishmoa El Harina** and **Rabbi Lara Rodin** for our spectacular and inspiring High Holy Day services with excellent *Chazzanut*, choral singing and teaching. Congregational Torah and Haftarah readers participate in the Torah Service.

The Shofar Service and initial blasts begin at approximately 10:30 AM. *Chazzan* Fishel and the choir will commence when the Torah Service begins.

The Sanctuary Services will be livestreamed via <https://bethzedec.tv>.

Rosh Hashanah

October 3 & 4 at 8:45 AM

Kol Nidrei

October 11 at 6:25 PM

Yom Kippur

October 12 at 9:00 AM



Mezzanine Services

Join **Rabbi Robyn Fryer Bodzin**, **Cantor Sidney Ezer** and Ritual Director **Lorne Hanick** for this inspiring and participatory service. The warm atmosphere and emphasis on singing will help every member engage with the liturgy as we celebrate the *chagim*. These Services are offered **in-person only**.

Rosh Hashanah

October 3 & 4 at 8:30 AM

Kol Nidrei

October 11 at 6:25 PM

Yom Kippur

October 12 at 9:00 AM



Return Again and Again: Meditation

Begin your day with time in silent reflection, simple repeated melodies and deep learning. Spiritual Leader **Aviva Chernick** will guide us using the mindfulness tools of returning to the breath and the body, together with the teachings of this season, to awaken our hearts and open the pathway for the prayers that are waiting to be spoken. All are welcome. Previous experience with meditation is not necessary.

Rosh Hashanah

October 3 & 4 at 9:30 AM

Yom Kippur

October 12 at 12:45 PM



Short & Sweet Outdoor Services

Join **Yacov Fruchter**, Director of Community Building and Spiritual Engagement, and Spiritual Leader **Aviva Chernick** for this spirited and welcoming 90-minute Service highlighting essential elements of the liturgy (*Machzor*), and combining familiar melodies and meaningful takeaways in an approachable way. These Services will be livestreamed via <https://bethzedec.tv>.

Rosh Hashanah

October 3 & 4 at 10:30 AM

Kol Nidrei

October 11 at 6:25 PM

Yom Kippur

October 12 at 10:30 AM



Family Services

This 90-minute service is lively and lots of fun. Join **Daniel Silverman**, Director of Education & Program Development, and **Cantor Audrey Klein**, Director of Family & Young Adult Engagement, for stories and songs to delight the family. These Services are in the Hendeles Chapel and offered **in-person only**.

Rosh Hashanah

October 3 & 4 at 10:30 AM

Kol Nidrei

October 11 at 6:25 PM

Yom Kippur

October 12 at 10:30 AM



Kehillah Inclusion Service

The Kehillah Inclusion Service offers a safe and inclusive space for children in Grades 1 to 6 with intellectual or developmental disabilities and their families to engage in multi-sensory learning and prayer. Open to members and non-members, we hope you and your child will join us to uplift your spirit and nourish your soul. For more information and to reserve your spot, contact Rabbi Lara Rodin at rabbilara@beth-tzedec.org.

Rosh Hashanah Day 1

October 3 from 10:00 to 11:00 AM

Yom Kippur

October 12 from 10:00 to 11:00 AM



Festival Mincha-Ma'ariv

Everyone is invited to join us at the end of each day for evening services in the Hendeles Chapel or on our livestream via <https://bethtzedec.tv>.

Erev Rosh Hashanah

October 2 at 6:00 PM

Rosh Hashanah

October 3 at 6:40 PM
and October 4 at 6:00 PM

Kol Nidrei: Early Mincha

October 11 at 2:00 PM

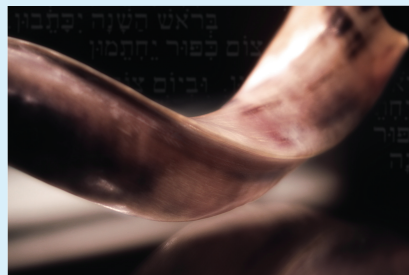


Yom Kippur Mincha Service

Join us in the Sanctuary for our Mincha Service with a Torah reading and a reading of the Book of Jonah. It will also be livestreamed via <https://bethtzedec.tv>.

Yom Kippur

October 12 at 4:15 PM



Neilah, Ma'ariv and Shofar Blowing

Join members of our Spiritual Leadership in the Sanctuary as we conclude the High Holy Days with this beautiful and inspiring service in which we imagine the Gates of Heaven closing and offer our final plea for redemption and life.

Neilah will be followed by Ma'ariv, Havdalah and the final shofar blowing. You are encouraged to bring your shofar

If joining us via our livestream feed, for Havdalah, we suggest that you turn off the lights and turn on a glow stick. Then grab your shofar and sound the final blast with us.

This service will also be livestreamed via <https://bethtzedec.tv>.

Yom Kippur Evening

October 12 at 5:55 PM



Selichot Service with Rabbi Shai Held, our Shabbat Scholar

Saturday, September 28 10:30 PM

Join us for an inspiring Selichot Service focusing on the theme of *Am Echad, Lev Echad*; One Heart, One People. The evening features scholar **Rabbi Shai Held**, President and Dean at the Hadar Institute, alongside our Spiritual Leadership, including insightful readings and *kavanot* by **Rabbi Wernick** and **Rabbi Fryer Bodzin**. A dessert reception follows. Then at midnight, the Gates open!



Shemini Atzeret Musical Participatory Service

Thursday, October 24 9:00 AM

Join us for a Musical Participatory Service in celebration of Shemini Atzeret led by **Cantor Sidney Ezer and the HarmonEzers**, our a cappella choir, conducted by **Asher Farber**. Beth Tzedec participated in a global initiative called the Simchat Torah Project. During Yizkor of Shemini Atzeret, Rabbi Robyn Fryer Bodzin will describe the project and her experience being in Israel in early September, and bringing back a special Torah cover, which we will dedicate that morning.

This Service will be livestreamed via <https://bethtzedec.tv>.

Our High Holy Days Programs



A Pre-Rosh Hashanah Kabbalat Shabbat Service and Dinner

Friday, September 27 6:00 PM

Join us as we gather to celebrate the High Holy Days with an inspiring and meaningful Kabbalat Shabbat Service followed by a delicious catered dinner. We are pleased to welcome **Rabbi Shai Held**, our Shabbat scholar, who will speak at the Kabbalat Service and the dinner.

Cost: \$48 adults; \$28 children. Reserve by September 22 via <https://bit.ly/pre-rh-dinner-2024> or call 416-781-3511.



Spinning, Smoothies & Schmoozing: Spinagogue for 20s and 30s

Sunday, September 29 11:15 AM

Revitalize your body & spirit just in time for Rosh Hashanah. Join us for a private, High Holy Day-themed spin class at Rocket Cycle. Stick around after class for smoothies and schmooze in partnership with Becked Goods neighborhood bakery.

Cost: \$30 (includes spin bike, shoe rental, Spinagogue branded water bottle and smoothies/breakfast cookies from Becked Goods). Pre-registration required via <https://bit.ly/spinagogue>.



Family Apple Picking at Applewood Farm Orchards

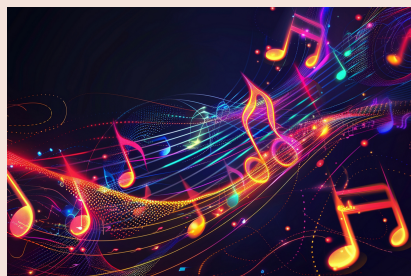
Sunday, September 29 1:00 PM

Apples dipped in honey are an essential symbol of Rosh Hashanah. Make the new year even sweeter with fruit you picked!

Join us for a brief *Selichot* ritual to kick-off the High Holy Days, connect with friends and partake in a fall activity. Meet us at the orchard (12416 McCowan Rd., Whitchurch-Stouffville); snacks will be provided.

Cost: \$12 per person (includes one free pick-your-own squash or pumpkin from the field.). Pick-your-own apples can be purchased at the orchard: \$20 for a small bag; \$35 for a large bag

Pre-registration is required by September 22 via <https://bit.ly/family-apple-picking>.



A Night of Music with Lishmoa El Harina

Wednesday, October 9 at 7:30 PM

Join us at Beth Tzedec as our High Holy Day choir, the Lishmoa El Harina Ensemble and special guests present an evening of music, engagement and reflection. Everyone is welcome.



Camp Hi Ho: High Holy Days Children's Care Experience

Welcome to Camp Hi Ho; our High Holy Day children's care experience! While parents are in services, campers (children) will be participating in developmentally appropriate explorations around the themes and messages of the holidays.

Games, singing, acting, escape room challenges, physical play, guided mindfulness exercises, snacks and more await at Camp Hi Ho!

CAMP UNITS:

Shofar Babies: Birth to age two— with professional childcare staff

Tekiah Tots: Pre-K, JK and SK— Ages 3 to 5

Shevet Shevarim: Grades 1 and 2— Ages 6 and 7

Troop Teruah: Grades 3 and 4— Ages 8 and 9

YESH/The Tekiah Gedolah Gang: Grades 5 to 8—Ages 10 to 14

Rosh Hashanah

October 3 & 4
from 9:30 AM to 12:30 PM

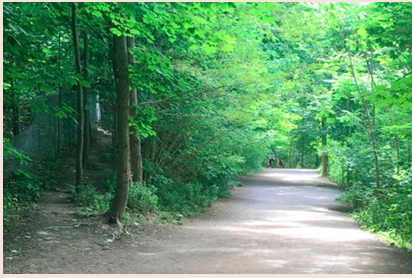
Kol Nidrei

October 11
from 6:15 to 9:00 PM
(Babysitting, childcare and programs for children up to Grade 3 only)

Yom Kippur

October 12
from 10:00 AM to 1:30 PM

Pre-registration is requested for all participants in Camp HiHo. To register, please visit <https://bit.ly/camp-hi-ho-2024>.



A 20s and 30s Trail Torah with Rabbi Lara Rodin

**Thursday, October 3
from 11:15 AM to 12:30 NOON**

Beth Tzedec's 20s and 30s are invited to join Rabbi Lara, our rabbinic intern, on the trails of Cedarvale Ravine as you reflect on the passing year and the year to come, connect to nature through the lens of Torah and prayer, and build community.

Meet in the upper parking lot by the gate at 11:15 AM. We will use all of our senses—sight, taste, touch, smell and hearing—to bring our bodies and our spirits into the High Holy Days.



Downtown Shofar Blowing with Yacov Fruchter

Thursday, October 3

4:00 PM

Join Yacov Fruchter in the Rosh Hashanah mitzvah of the shofar blowing. We will meet at the Labyrinth (700 Markham St., Toronto). All are welcome.

Pre-registration is not required. If you have any questions, please email Yacov Fruchter at yfruchter@beth-tzedec.org.



Outdoor Family Experience: Shofar Blowing and Tashlikh with Daniel Silverman

Thursday, October 3

3:30 to 4:30 PM

Join Daniel Silverman at the baseball diamond at Cedarvale Park for an outdoor shofar blowing after which we will walk to Cedarvale Ravine to perform the ritual of Tashlikh, symbolically casting our sins into the river. Bring some pieces of bread to 'cast' into the river.

Pre-registration is required via email to dsilverman@beth-tzedec.org.



Outdoor Shofar Blowing and Tashlikh with Rabbi Steve Wernick

Thursday, October 3

4:30 to 5:30 PM

Join Reb Steve in the Beth Tzedec parking lot for an outdoor shofar blowing. Then, at approximately 5:00 PM, we will walk to Cedarvale Ravine to perform the ritual of Tashlikh, symbolically casting our sins into the river.

Pre-registration is required via email to nleybman@beth-tzedec.org.



Yom Tov Morning Fun

(For children ages 0 to 4, with a parent; and for kids ages 5 to 7 and ages 8 to 12)

Thursday, October 17, Friday, October 18, Thursday, October 24 and Friday, October 26 beginning at 9:30 AM

Children up to age 12 are welcome to join our Yom Tov drop-in programs when our holiday services are held during the week. We start with Yom Tov free play then engage in age-appropriate prayer experiences and welcome special guests like our *shinshinim*. We conclude with blessings and snacks.

This is a drop-in program.



The Beth Tzedec Sukkah has been donate by the Sitzer Family in memory of Minnie Sitzer.

Many of the decorations are provided by the Greenspan Family.

High Holy Days Hot Topics!



Thriving Jewish Campus Life Amid Antisemitism

Rosh Hashanah Day 1
from 11:00 to 11:45 AM

As Jewish students return to campus this fall, campus organizations, students, their families and concerned community members wonder and worry about the impacts of antisemitism on campus and how Jewish life can thrive amidst these challenges.

Rabbi Seth Goren, Hillel Ontario's Chief Executive Officer, will share his experience of building Jewish campus life in this climate, and what individuals in the community can do to support Jewish students.



Periphery

Rosh Hashanah Day 2
from 11:00 to 11:45 AM

Organized by Beth Tzedec's REDI Committee, and in connection with the Periphery exhibit on display at Beth Tzedec, we will learn from co-founder of No Silence on Race and participant in Periphery Project, **Akilah Allen-Silverstein**. Akilah, who is a Black and Jewish woman, will share with us her multi-ethnic Jewish experience, and her community and advocacy work, to bring multi-ethnic stories to the forefront in the Jewish community.



Yached Levavekha: Uniting and Healing Hearts

Yom Kippur—Session 1
from 12:45 to 1:30 PM

Beth Tzedec spiritual leader **Yacov Fruchter** will be in conversation with journalist, writer, lawyer and podcaster **Dahlia Lithwick**. In December 2021, Dahlia added to her repertoire “mother of a lone soldier” when her son Coby joined the IDF. He is currently stationed in Northern Israel and his brother Sopher will be enlisting in the spring. We will discuss her experience spending half of her time in Israel since October 7, the state of Jewish unity, and Jewish texts that can help sustain us at this time.

**BUILDING
BRIDGES**
COMBATING ANTISEMITISM TOGETHER

Interfaith Allies Fighting Antisemitism and Building Bridges

Yom Kippur—Session 2
Monday, September 25
from 3:15 to 4:30 PM

Rabbi Steve Wernick will be joined by **Rev. Jason Byassee** of Timothy Eaton Memorial Church and **Rev. Dave Larmour** of King Street Memorial Church, as they discuss the current state of antisemitism in Ontario and their joint interfaith efforts to combat it since October 7.

SimHAT Torah

*Capping Off the
Holiday Season*

This Simchat Torah, when we Jews celebrate concluding the annual reading of the Torah and starting all over again, we've got a question for you—What's your favourite story from the Torah? And a follow up question: What would that look like on top of your head?

Taking a page from the style and spirit of the Royal Ascot, the Kentucky Derby and the Met Gala, everyone is invited to create their own Torah Top Hat, Bible Bonnet, Five Books Fascinator, Deuteromic Derby, perhaps a Pentateuchic Pillbox, or a Scriptural Skullcap. Design a hat based on something found in the Torah!

For more information, visit <https://bit.ly/simhat-torah-caps>.

Sukkot and Simchat Torah

We are happy to be able to extend our Holy Days celebrations with programs and events highlighting Sukkot and Simchat Torah.



Sukkah Decorating and Schmooze for Grades 5 to 8

Sunday, October 15

5:30 to 6:30 PM

You're so invited to our Sukkah decorating bash. Get ready to show off your inner artist at Beth Tzedec.

Bring your BFFs and join the fun, where we'll be dressing up the sukkah. Create your own paper chains, pictures and more decorations—it's all in your hands. Help get the Beth Tzedec Sukkah ready for our whole community. We'll bring the drinks and snacks, you bring the creativity. See you there!

There is no charge but pre-registration is required via
<https://bethtzedecutoronto.shulecloud.com/form/sukkah-decorating-2024.html>.



Short & Sweet Multi-Generational Family Service and Sukkah Hop

Thursday, October 17 at 10:30 AM

Join us for a special Short & Sweet Sukkot Family Service! Shake the lulav and etrog (bring your own or use ours), pray, sing and have lots of fun on Yom Tov! After services, we'll have lunch in stages as we visit sukkot in the neighbourhood. (In the case of rain, lunch will be at Beth Tzedec).

For more information, visit
<https://bit.ly/family-sukkah-hop>.



Family Simchat Torah Celebration

Thursday, October 24

5:30 to 6:45 PM

Celebrate the Torah in style at our Family Simchat Torah celebration! Join us for fun Torah-related activities (including the chance to vote for your favourite entry in our "SimHAT Torah competition"—see page 33 for details!)—lively *hakafot* (aka Torah parade) and a light, dairy dinner. You are then welcome and encouraged to stay for *Ma'ariv* (evening service) and the congregation-wide *hakafot* and dancing beginning at 6:45 PM.

Cost for dinner: \$20 adults; \$15 children ages 3 and older. Pre-registration is required via
<https://bit.ly/family-simchat-torah-dinner>



Simchat Torah Community Hakafot

Thursday, October 24 at 6:45 PM

Come Hug A Torah!

Let's celebrate Simchat Torah with Hakafot and dancing at Beth Tzedec.

- Candy Bar
- Drinks Bar
- Dessert spread
- For all ages
- Dress code: Torah dancing casual

Everyone is welcome.
Pre-registration is not required!

Everyone is welcome. Pre-registration is not required!



Simchat Torah Luncheon honouring Blake Teichman and Dorion Liebgott

Friday, October 25

Following Services

Join us as we gather for Simchat Torah Services honouring our **Chattan Torah Blake Teichman** and our **Kallat Bereisheet Dorion Liebgott**.

Following an uplifting Service, we'll gather in our beautiful Orenstein Mezzanine Hall for a delicious catered luncheon where we can reconnect with friends, neighbours and fellow congregants while celebrating with the Teichman and Liebgott families.

Watch for registration information coming soon.



SENSORY ROOM

With gratitude to a generous anonymous donor, Beth Tzedec is pleased to announce the launch of our Sensory Room pop-up during the High Holy Day services, a space specially designed for children ages 4 to 18 with neuro-developmental challenges.

Our Sensory Room offers controlled sensory experiences to create a soothing and engaging environment. It will provide a safe space for individuals to engage with various stimuli, helping to manage sensory overload, increase the sense of calmness and decrease anxiety.

Those wishing to access the Sensory Room must pre-register, and spaces will be allotted for 40-minute segments on a first-come, first-reserved basis. Each child registered for the space must be accompanied by a parent or caregiver.

For more details and to register, please visit <https://bit.ly/bt-sensory-room>.

**Please note that the Sensory Room is a fragrance-free space.*

Images do not specifically depict the items in the Beth Tzedec Sensory Room.

Kehillah Inclusion Service for children in Grades 1 to 6 and their families

Rosh Hashanah Day 1 and Yom Kippur

Thursday, October 3 and Saturday, October 12
from 10:00 to 11:00 AM

Beth Tzedec is thrilled to offer our Kehillah Inclusion Service this High Holy Day season.

This service offers a safe and inclusive space for children in Grades 1 to 6 with intellectual or developmental disabilities and their families to engage in multi-sensory learning and prayer. Open to members and non-members, we hope you and your child will join us to uplift your spirit and nourish your soul.

To ensure your spot and for other inquiries, please be in touch with Rabbi Lara at rabbilara@beth-tzedec.org or 416-781-3514 ext. 225.

