

Wishing you a happy  
and healthy new year!

*Shanah  
Tovah!*

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Rabbi Steven Wernick

*Beth Tzedec is blessed to be part a community that has the human and financial resources, thanks to your contributions, to truly inspire and enable our community to live meaningful Jewish lives!*

## *Va'ani Teflati: Connecting the Divine Within Us*

By most accounts, Beth Tzedec is thriving! Over the past year our membership swelled to almost 2,400 households, driven by more than 500 new households with adults under the age of 40, bringing our total new Generation Members to an amazing 960 households, approximately 2,000 individuals! Isn't it incredible to think that we likely have the largest number of Jewish young adults and families with young children of any synagogue in the world?

This was never just about numbers. We are actively engaging these members. Our monthly Shabbat Family Experience and Dinners are full to capacity with almost 300 regular participants. Our singles programs attract 100 regular participants who are part of a growing community-within-a-community. We are getting to know our new members at family programs, social justice initiatives and enriching learning programs.

Our coffee dates alone gave us the chance to meet 42 percent of our new members; 18 percent of our families with young children have participated in four or more programs beyond our High Holy Days programs. There is so much happening at Beth Tzedec that we hired Cantor Audrey Klein to be our new Director of Family and Young Adult Engagement to more effectively reach these new families.

And that's not all. We've found a way with our Small Groups to help make our large community feel more intimate. These groups, consisting of six to 15 people per group, are led by our members and focus on shared interests like discussing Zionism, supporting each other in intermarried households, exploring how to live a

meaningful life, and even enjoying the art of Zentagle. What's amazingly heartwarming is the impact these Small Groups have had in the last year.

Of the hundreds of participants in 2022 to 2023, 91 percent shared that their sense of loneliness significantly decreased through their participation. This number was surprising, especially as we were emerging from the COVID-19 pandemic. Instead of feeling isolated, these groups helped to bring people together. Also notable was the marked increase in the number of personal relationships people had from their Small Groups engagement. Most people entered feeling personally connected to four to seven other Beth Tzedec members but left feeling connected to 11 to 13 Beth Tzedec members.

Thanks to the generous support from contributors to the Rabbi Baruch Frydman Kohl Endowment Fund, our Beth Tzedec Centre for Spiritual Well-Being made a significant impact in the last year, reaching 650 people with regular pastoral care and bereavement groups, Bree-AH mindfulness and meditation programs, inspiring retreats and more.

We gave our support in joy and grief as we marked 250 lifecycle events.

Beth Tzedec is blessed to be part a community that has the human and financial resources, thanks to your contributions, to truly inspire and enable our community to live meaningful Jewish lives!

Certainly, we acknowledge that there are areas where we can improve and we are constantly striving to do so. We need to deepen our engagements and ensure adequate follow-up to further

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**To contribute your** news, congratulations, member updates or other listings, send an email to [thumphries@beth-tzedec.org](mailto:thumphries@beth-tzedec.org), call 416-781-3514, ext. 212 or fax 416-781-0150.

explore the ways in which Jewish wisdom and practice can impact for good our lives and those of our families and community.

One area that continues to require attention is prayer. Despite offering multiple prayer offerings and modalities of spirituality and enriching the experience with music, the number of participants to our prayer services has been in decline. We are not alone in this. We recognize that much of it has to do with the changing nature of religion in North America—how we experience God, spirituality, the traditional Hebrew religious service, theology, music and more. And some of it has to do with competing interests and time commitments on Friday nights and Saturday mornings.

While our Synagogue excels in being a Place of Gathering and a Place of Learning (*Beit Knesset* and *Beit Midrash*), we acknowledge the need to improve as a Place of Prayer (*Beit Tefillah*). That's why this year's High Holy Days theme is *Va'ani Tefilat: Connecting the Divine within Us*.

Our *mahzor* translates the *Va'ani Tefilati* prayer as "May this be an auspicious time, Adonai, for my prayer. God in Your abundant mercy, answer me with Your faithful deliverance." The source of the verse, however, is from Psalm 69:14. Translated literally it means, "And I, I am a prayer to You..."

In other words, our lives, the way we live according to our values, can be seen as prayers offered to God. Prayer has the power to connect us to each other and inspire us in our Jewish lives. And yet, most of us when we come to synagogue to pray fall short of that goal. Why is that? And how can we address it?

Our hope is that during this significant time when prayer is a focal point for our community, we can create the most meaningful holy days possible and initiate a congregational wide exploration of prayer and spirituality – healing, meditation, formal and informal, spontaneous and fixed, and musical and silent. Starting now you can begin to ask yourself some of these questions throughout the year:

What is prayer?

Are you a seeker? Why or why not? If not, what might inspire you?

What do you find meaningful and spiritual?

Do you pray? How? How often?

Do you meditate? How often? With whom?

We are eager to know how we can support you in your approach to prayer. Tell us how we as the Beth Tzedec community can support each other in connecting to the Divine within us. There will be focus groups and conversations throughout the year to help facilitate new ideas.

What can we do to make our current prayer offerings—formal and informal—more meaningful and engaging? And perhaps even more importantly, what are we not doing that we should experiment with? Your input is essential.

This will be the main task of our Ritual Committee this year and we'd love your help! Let me or Aaron Wine know if you'd like to be a part of it. Share your thoughts on these questions or if you have different questions to share, let us know. Together, let's raise our spirits and connect to the Divine not only within us, but amongst us, too.



Patti Rotman

*Beth Tzedec is a leader, a beacon of tzedec, of righteousness, for our Toronto community and Jewish communities around the world.*

## A New Year in View

Is it just me, or do you always feel like the High Holy Days catch you by surprise? Intellectually, I know they're around the corner, but daily life can be fast-paced and demanding. And then, of course, the chatter begins, "The holidays are late this year" or "the holidays are early this year."

Preparing for the High Holy Days often involves personal reflection, spiritual introspection, and planning for festive celebrations. On August 16, the month of *Elul* begins, bringing with it a time for reflection and harmony within our Jewish community. Let's be proactive and intentional about preparing for the High Holy Days and enhance experience by embracing their significance with an open heart and a willingness to grow spiritually and emotionally.

### **Embracing a Theme**

This year's High Holy Days theme, *Va'ani Tefilati*, presents a unique opportunity to connect and strengthen our relationship with the Divine. Essentially meaning "and I am my prayer", this profound statement reminds us that prayer is not just a collection of words or rituals: rather, it is a genuine connection within ourselves and with the Divine. In our Congregation, we embrace the diverse paths that each of us walks, recognizing that our journeys may differ but our destination remains the

same—to live a meaningful Jewish life.

### **Renewing Your Commitment**

Whether you're a newcomer or a longtime member, you are part of a synagogue family that cherishes traditions while fostering an environment of openness and acceptance. Being a member of Beth Tzedec means connecting with your Jewish heritage on a profound level. From meaningful prayer services to engaging educational programs, we strive to strengthen your Jewish identity and create opportunities to explore and deepen your knowledge while inspiring you to live a meaningful Jewish life. At Beth Tzedec, we believe learning is a lifelong journey. That's why we offer a vast array of programs catering to diverse groups. Yes, there's something for everyone and every age! As a member of Beth Tzedec, you are an integral part of a close-knit community finding support during challenging times and celebration during joyous moments. And, there's a pretty strong chance you'll make a few lifelong friendships along the way! By renewing your membership, you contribute to the continuity of our traditions and ensure they perpetuate for years to come. If you haven't already done so, I invite you to renew your commitment and membership at Beth Tzedec.



Together, we can continue to create a vibrant, loving, and impactful community that inspires and uplifts us all. Please contact Klara Romm in Member Engagement and Development at 416-783-3514, ext. 220 or email [kromm@beth-tzedec.org](mailto:kromm@beth-tzedec.org).

### High Holy Days Preparations

At Beth Tzedec, we have been preparing for the High Holy Days for months. Like Hallmark, we work at least a season or two ahead to prepare for and provide our members with a spiritually enriching and community-focused experience for those who join in any of our many service and HOT TOPICS! break-out options. We look forward to welcoming back Cantor Moshe Fishel and Choirmaster Meir Briskman along with the Lishmoa El Harina choir who will once again be sharing their uplifting prayers with us in the Sanctuary. And, of course, both Rabbi Wernick and Rabbi Fryer Bodzin, Cantor Ezer, Lorne Hanick as well as Aviva Chernick, Yacov Fruchter, Cantor Audrey Klein and Daniel Silverman are busy preparing for the Sanctuary, Mezzanine, Family, Short & Sweet and Meditation Services. Don't forget to visit the Connect Lounge with freshly baked cookies and coffee! On Friday, September 8, join us for our annual Pre-Rosh Hashanah Community Shabbat dinner and let Apex do the cooking for you! Register on Shulcloud via <https://bit.ly/rosh-hashanah-community-dinner> or directly with our synagogue office.

### Look Who's Joined Our Spiritual Leadership!

Cantor Audrey Klein joined our Beth Tzedec family on July 17 as our Director of Family & Young Engagement. Cantor Klein is responsible for overseeing family programming and serving as the spiritual and administrative leader in this area. In her new role, she is developing personal relationships with a community of more than

800 households of adults 25 to 40 years old and their families while guiding, inspiring and connecting with this next generation of members.

### Annual High Holy Day Campaign

Jonny Ain, our Director of Development, is working diligently to help us achieve this year's Annual High Holy Day Campaign goal of \$500,000. On June 5, we launched the Tzedec Circle—Phase 1 of our two-phase campaign. We deeply appreciate our Tzedec Circle co-chairs, Lianne Leboff and David Matlow, who have paved the way for our Tzedec Circle participants who have donated a minimum of \$1,800 each. On August 28, Phase 2 of our campaign will launch online, and we thank our honorary co-chairs, Judy and Larry Tanenbaum, who have offered an even further impact with their 2x matching funds. Please take part in our Annual High Holy Days campaign by giving in whatever capacity you are most comfortable. Your support forms the backbone of our community's financial stability, allowing us to continue providing the enriching and inspiring programs that define our Congregation. These donations are a testament to your dedication to our shared values and your belief in the power of collective giving. To those who have contributed, thank you for leading the way, realizing that the future of Beth Tzedec relies on your philanthropic support, and most of all, for setting an example for all of us. Please help us exceed our goal! Visit <https://raisedays.com/bethtzedec/2023campaign>.

### Cemetery Update

I am pleased to welcome David Shapero as our new Cemetery General Manager. David will be taking the reigns from Tom Laufer, who is leaving this role after many years of dedicated service. David has the responsibility for the overall business and operational leadership of the Beth Tzedec Memorial

Park. In this position, he oversees all aspects including staff and volunteers, finances, and the maintenance and development of the facilities.

### Programming and Events

Pearl Berman, our Chair of Programming along with Daniel Silverman, Director of Education and Program Development, have had their boots on the ground working tirelessly to bring diverse programming to Beth Tzedec. Please refer to your weekly eblast and future *Bulletins* for further information.

Thanks to Maureen Tanz and Nancy Golden, Beth Tzedec's weekly "Games Afternoon" is resuming! Please join us each Thursday from 1:00 to 3:30 PM. Whether you are a novice or an experienced player, bring your friends or come join a group and enjoy Mahjong, Bridge, Canasta and a variety of board games. This is truly a great opportunity providing a platform for people to reconnect with old friends, build new relationships and engage in a friendly atmosphere while fostering a sense of community. Cost: \$2, supporting *hesed* initiatives. Please call the Synagogue Office for further information.

### Simḥat Torah

Please join us as we honour our volunteers, Gella Rothstein and Jeffrey Gertner, at our upcoming Annual Simḥat Torah Luncheon following services on Sunday, October 8. Be sure to register online or call the Synagogue Office to attend for this wonderful, community event. Please refer to pages 32 and 33 of this *Bulletin* for further information.

### Peace of Mind

Beth Tzedec is pleased to once again be participating in the Peace of Mind experience expertly co-chaired by Gary Elman and Michael Friedman. For one week in mid-October, our synagogue will play a key role in providing a safe, quiet and supportive environment where the veteran participants can process their trauma away from the pressures of daily life in Israel and emerge with strengthened emotional and mental health. You too can play a role by donating to this program and ensuring that these brave men and women are able to live healthy, happy and productive civilian lives.

On Friday, October 20, please join us for a community Shabbat dinner in

honour of the veterans. Reservations can be made through our website or by calling the synagogue directly. Reservations are required via <https://bit.ly/peace-of-mind-2023>.

### Generations Membership

Is it okay to boast?... Beth Tzedec's under-40 membership is likely the largest of any shul worldwide! We are currently one year into our Generations Membership initiative with almost 1,000 new members, and I am delighted to report that 50 percent of members under 40 have attended three or more Beth Tzedec programs, while our monthly family Shabbat dinners consistently draw more than 250 attendees. We welcomed 800 into our building for Purim while another 250 attended on Tu B'Shevat. While the

Generations Membership brings great excitement and has created a cohort of families who we hope will continue to be members for decades, we also emphasize Beth Tzedec's steadfast dedication and gratitude to all our congregants. *Kol hakavod* to our hard-working and devoted spiritual leadership team who have been working tirelessly to connect with our Generations members.

On behalf of my myself, my husband Sheldon, our children and grandchildren, *Shanah Tovah U'Metukah*. May this New Year be filled with blessings, spiritual growth and opportunities to make a positive impact on the world. I look forward to greeting you at shul!

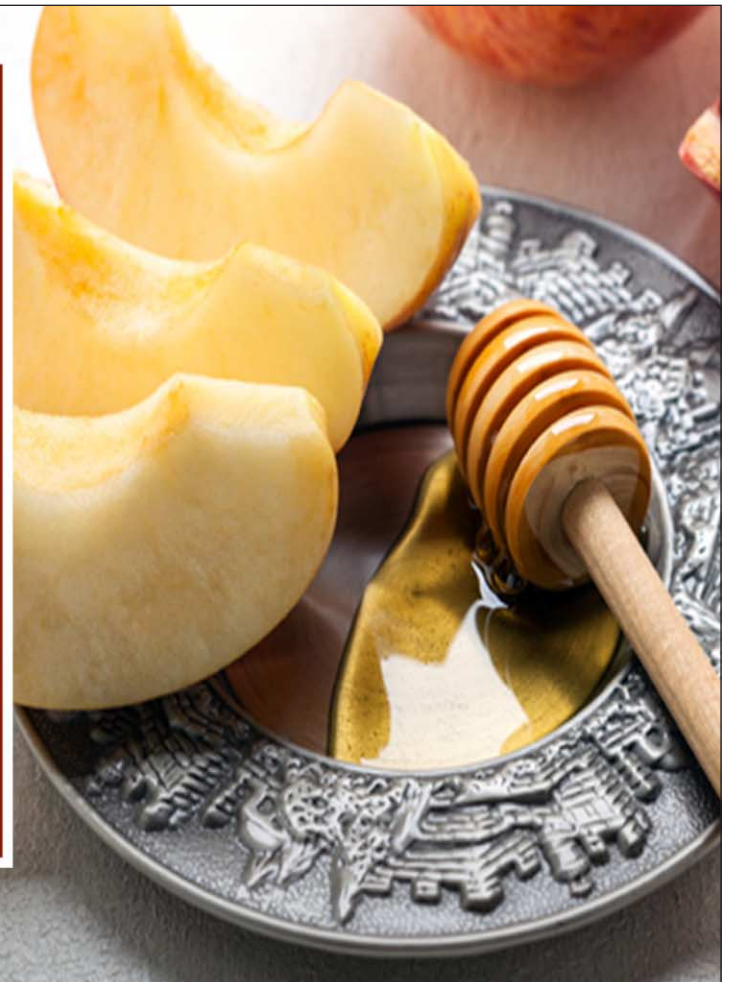
## Pre-Rosh Hashanah Community Kabbalat Shabbat

Friday, September 8

Services: 6:00 PM | Dinner: 7:15 PM

Join us at Beth Tzedec as we gather to celebrate the coming High Holy Days with an inspiring and meaningful Kabbalat Shabbat Service followed by a delicious catered dinner with special guests, Cantor Moshe Fishel, Meir Briskman and the Lishmoa El Harina ensemble. Let's enjoy this time together as a community and reconnect with our Beth Tzedec friends and family.

Pre-registration required by Friday, September 1 at 12:00 NOON via <https://bit.ly/rosh-hashanah-community-dinner>





Phil David

# Changing the Playbook

*Everything we do is designed to create engagement which begets a stronger and more cohesive community within a community.*

With the new membership year upon us, it's a perfect time to take a quick look back on some key highlights which have enabled Beth Tzedec to forge ahead in 5784 as a larger, stronger and more vibrant shul within Toronto's Jewish community.

The year 2022-2023 was loaded with triumphs. In particular, the launch of the under-40, no-fee Generations Membership program attracted over 450 member units (and a total of 950) representing close to 2,000 people! In fact, not only are we Canada's largest Conservative shul with close to 5,000 people, we believe we are now home to the largest under-40 cohort of any shul worldwide. How incredible is that?!

And of course, we know the true impact of the Gen Mem initiative cannot be tangibly measured until we see how many choose to remain as members once a contribution (fee) is attached to membership after age 40. We understand the community is watching at a time when Conservative shul membership is waning throughout the city and country. And we know there are skeptics.

But we also realize that the days of transactional membership are waning.

If the definition of insanity is expecting different results while doing the same thing over and over, then we know we'd be foolhardy not to make a bold and informed change. Unlike past generations where community members seemed to automatically join a shul to seek out Jewish-focused social, cultural and religious engagement opportunities, today's Jews have lots of options to pursue their own interests outside of the Jewish space, and certainly outside the synagogue universe.

Offering membership at no charge has proven to be a disruptor in the Toronto Jewish community. But it is simply the beginning. To encourage retention, we are intensively focused on finding authentic and innovative ways to connect with our members, to keep them energized and engaged in ways that are personally relevant so they genuinely feel first-hand the power of our community and the relationships they form. That is why it was, and is, so important to put our money where our mouth is as the old saying goes:

- At a time when many shuls have frozen hiring or downsized to meet the needs of our fast-growing membership, Beth Tzedec has invested in the hiring of Cantor Audrey Klein, Director of Family and Young Adult Engagement, and Penina Hoffnung, Family Engagement Specialist. Both will play vital roles in engaging and inspiring our children, teens and young singles, couples and families.
- At a time when most shuls have raised annual contributions (dues), Beth Tzedec has not only waived the fee for the under-40 cohort, but we have kept dues the same for the fifth successive year, even in a period of post-COVID inflation.

## Beth Tzedec Generations Membership

Our FREE membership for those under 40.



For more information about this program, contact Klara at 416-781-3514, ext 220 or [kromm@beth-tzedec.org](mailto:kromm@beth-tzedec.org)



Membership dues are an important lifeline for any shul. At Beth Tzedec, they represent close to 30 percent of our total revenue, buoyed by other income streams such as rentals, catering, our cemetery and philanthropy.

In fact, when it comes to giving, we aspire to a long-term vision where we can rely less on membership dues and more on philanthropy to minimize a key barrier to shul affiliation, the cost of joining.

That is why we hired Jonny Ain as our new Director of Development. As a seasoned fundraiser, Jonny is leading our annual High Holy Day campaign which we encourage all members to participate in at a level they feel most comfortable. (We are especially grateful to the Larry & Judy Tanenbaum Foundation for providing a 1:1 match for the first \$150,000 raised this year.) Please visit [raisedays.com/bethtzedec](https://www.raisedays.com/bethtzedec) to participate.

As Jonny gets settled in, he will also begin to develop our legacy giving and major gifts programs. Ultimately, Jonny's vision is to build and foster an organic culture of philanthropy within Beth Tzedec as one of the key paths toward lessening dependency on dues.

And while we are reflecting on our investments in Human Resources, we should acknowledge the very important hiring of our first Cemetery General Manager, David Shapero, a Shulich MBA grad with 20 years of marketing, sales and operations experience working in Canada and Israel.

Few shuls in Toronto have the luxury of owning a large cemetery in the heart of the city as we do with Beth Tzedec Memorial Park at Bathurst and Finch. With David's hiring, we are recognizing the untapped opportunity before us to embrace a more sophisticated, member-centric culture at BTMP focused on improved service, grounds beautification and operational efficiencies, all of which are designed to serve our members better, especially in your time of need.

So those are some key highlights of the year that was. What's happening now?

Our new membership (and fiscal) year began on July 1 and with that came the issuance of our annual renewal statements to our membership. Being the administrative arm of our synagogue, we are often asked where our membership dollars go. Since we truly offer a full-service, one-stop "shop" on your Jewish journey, it's hard to give just one straightforward answer. As I have written before, every dollar we earn should play a role in helping to provide you with a better member experience:

- In the simplest of terms, your contribution helps to keep the lights on in our 70-year-building...and that allows us to remain open 365 days a year for you.
- Your contribution supports our outstanding Spiritual Leadership Team...and that allows us to provide care and support for you through lifecycle events with clergy you know and trust, and in times of need—when you need them.
- Your contribution supports the ritual and cultural programming, learning series and events we develop for you...and that creates engagement opportunities for every member, regardless of age and life stage. Where else can you find such diversity in programming from meditation to concerts to community lectures all at once?

Everything we do is designed to create engagement which begets a stronger and more cohesive community within a community. If there is something that is missing and you have an idea to strengthen our members' connection with one another, let us know and if we have the capacity and can make it work, you will have our support. The Small Groups program is a great example of members creating like-minded cohorts who come together through common

interests like Jewish couplehood, cooking and art classes, career advancement, lectures, book clubs and the list goes on.

And that leads to my last point. Having grown up in the corporate world in the first act of my working life where I marketed anything from Wrigley's gum and Schick razors to Swiss Chalet chicken and Michelina's frozen food, I quickly came to understand the importance of the 'value-for-money' proposition. Nowhere have I seen that to be more prevalent than in the synagogue world.

We understand that where shul membership fits on each family's spending decisions tree is different and personal. We 'get' there are mortgages, school tuition, summer camp fees, extracurricular activities, family vacations and so on. And each has its own value proposition. In today's world, synagogue membership may get pushed down the list of priorities.

So when it comes to synagogue membership at Beth Tzedec, whether you attend services regularly, quarterly or just during the High Holy Days, know that you play a major role in supporting a vital Jewish community organization whose mission is to inspire and enable our members to live meaningful Jewish lives. We are counting on our members to ensure that our shul is here for you today and also for future generations—not just for the "three days" of High Holy Days observance, a festival or a *simhah* but on a much grander scale, and that is to offer a comprehensive array of services under one roof which will help you and your family forge a path on your Jewish journey.

Thank you for your ongoing support of our wonderful shul. I hope to see you at 1700 Bathurst or online during the upcoming *haggim*.

*Shanah Tovah U'metukah.*

# Milestones and Celebrations

We can't share your good news unless you tell us about it. Send an email to [thumphries@beth-tzedec.org](mailto:thumphries@beth-tzedec.org) or call 416-781-3514, ext. 212. The deadline for the next *Bulletin* covering December through February is November 1.



## Births

**Matilda Erin**, daughter of Mitchell Rattner & Samantha Seaton, baby sister of Florence, granddaughter of Ian & Marlene Rattner and Meyer & Shelli <sup>z</sup>1 Seaton, great-granddaughter of Beverley Black, born **February 6**.

**Elli**, son of Rebecca Theise & Chaz Firestone, brother of Zeke, grandson of Rae Theise Kerzner & Gary Kerzner, Fred Theise <sup>z</sup>1 and Sherry & Jay Firestone, great-grandson of Nettie Barad, born **May 25** (in Baltimore).

**Louis**, son of Jordin & Mira Mimran, grandson of Saul & Ann Mimran and Lily & Binod Singh, born **May 27**.

**Jesse**, son of Roxanne Azoor & Yotam Weiner, baby brother of Zachary, born **June 4**.

**Samuel Leo**, son of Brooke Lofsky & Tony Iunni, grandson of Jewell & Seymour Lofsky and Elena & Eugenio Iunni, baby brother of Jonathan and Daniel, born **June 19**.

**Myles Cole**, son of Zachary & Leah Schendel, grandson of Jerry & Susan Schendel and Mark & Elissa Pearl, born **June 23**.

**Sally Miriam**, daughter of Noah & Rachel (Schlosser) Bronstein, granddaughter of Andrea & Allan Bronstein and Susan Benzaquen & Robert Schlosser, great-granddaughter of Doris & Leon Bronstein and Diane & Murray <sup>z</sup>1 Grafstein, born **June 30**.

**Gray Cooper**, son of Bailey & Evan Babins, baby brother of Hart, born **July 5**.

**Scarlett Amelia**, daughter of Nicole Sitzer & Adam Cepler, baby sister of Sophia and Oliver, granddaughter of Michael & Ellen Sitzer and Maury & Cheryl Cepler, great-granddaughter of Paul Sitzer and Annette Bot, born **July 11**.

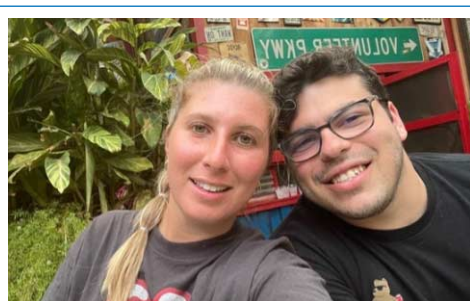
**Liora Frankie**, daughter of Cory Rosenfield & Josephine Gal Buchman, baby sister of Levi Joseph, granddaughter of Gwen & Alan Rosenfield and Ron & Ilana Buchman, great-granddaughter of Claude & Esther Abrams, born **July 13**.

**Ari**, son of Ira Jelinek & Zoe Mimran, grandson of Saul & Ann Mimran and Sid & Ellen Jelinek, born **July 15**.

## Congratulations to

**Dr. Marvin & Frances Deitel**, who celebrated their 61<sup>st</sup> anniversary on June 18.

**Wendy Eisen**, who was appointed to the Order of Canada for her commitment to enhancing the welfare of Jewish people and Canadian society as a whole through her philanthropy, volunteerism and activism.



**Taylor Himel**, daughter of Hilary & Brian Himel, granddaughter of Carole & Arthur Andrews, and **Noah Osher**, son of Elaine & Benny Osher, grandson of Helen & Bernie Ceifets and Pnina & Kopel Osher, great-grandson of Hanna Fisher, on their engagement.

**Kate Hirsh**, daughter of Laura & Adam Hirsh, who will celebrate her bat mitzvah on November 18.

**Neil & Janet Katz**, who celebrated their 40<sup>th</sup> anniversary on August 14.

**Melanie Kazman Kohn**, who was named President and CEO of Michael Garron Hospital on June 12.

**Harold Shapiro**, who celebrated his 84<sup>th</sup> birthday on July 31.

**Martha Sud**, who celebrated her 100<sup>th</sup> birthday on July 21.

**Renee Topper**, who will celebrate her 90<sup>th</sup> birthday on December 23.

## Weddings

**Matthew Ortofsky**, son of Lorraine Ortofsky & the late Edward Rosenfarb, and **Ashley Herman**, daughter of Esther & David Herman, who were married on **June 15**.

**Maxwell Sonny Charlat**, son of Rhonda & Joshua Charlat, grandson of Phyllis & Ab <sup>z</sup>1 Flatt and Elaine & Harold Charlat, and **Maya Benquesus**, daughter of Reuben & Naomi Benquesus, granddaughter of Jenö & Judith Gal and Jack & Biba Benquesus, who were married on **June 28**.

**Howard Yanofsky**, son of Michael & Dianne Yanofsky, grandson of Zelda Korenblum and Sarah Yanofsky, and **Michala Abramovitch**, daughter of Allan & Jacqueline Abramovitch, who were married on **August 6**.

**Leslie Marmer**, son of Adele Berenstein & Ken Marmer <sup>z</sup>1, and **Hannah Seligman**, daughter of Bill Seligman & Rabbi Dr. Gail Labovitz, who were married on **August 13**.

**Jared Grossman**, son of Steven & Deena Grossman, grandson of Ian & Janet Roher, and **Jessica Gozlan**, daughter of Eric & Michelle<sup>z"l</sup> Gozlan, who were married on **August 27**.

## Many Thanks

**Jamey & Karen Gordon**, who sponsored a Congregational Kiddush on May 20 honouring their daughter **Talia Gordon** on her bat mitzvah.

**Moshe Berg & Hana Fridman-Berg**, who sponsored a Congregational Kiddush on June 17 honouring their daughter **Rona Berg** on her bat mitzvah.

**The Melotek Family**, who sponsored a Congregational Kiddush on June 24 honouring **Joseph Melotek** on his 100<sup>th</sup> birthday.

**Janet & Ian Roher**, who sponsored a Congregational Kiddush on August 19 honouring the upcoming marriage of their grandson **Jared Grossman & Jessica Gozlan**.

**Laura Lesser**, who sponsored a Congregational Kiddush on August 26 honouring the 50<sup>th</sup> anniversary of her bat mitzvah.

**Dot Whitehouse**, who will sponsor a Congregational Kiddush on September 23 honouring her late father **Louis Whitehouse** on his 99<sup>th</sup> Jewish birthday.

**Natalie & Neil Greenberg**, who will sponsor a Congregational Kiddush on September 23 honouring their son **Brody Greenberg** on his bar mitzvah.

**Lori Chadwick, David and Frances Topper, Randi and Tom Saks & Sari Romberg**, who will sponsor a Congregational Kiddush on November 25 honouring their mother **Renee Topper** on her 90<sup>th</sup> birthday.

## Mazal Tov to our B'nei Mitzvah

WHO HAVE COMPLETED  
OUR BAR/BAT  
MITZVAH PROGRAM



October 15  
**Brody Greenberg**  
son of Natalie & Neil Greenberg

בנימין דוד זאב בן נחום ונחמה

## Mazal Tov to Our Grads



**Jonah Opler**, son of Michael & Cindy Opler, who graduated from Queens University with a degree in Engineering Physics.



**Corey Sobel**, son of Hershel & Jane Sobel, grandson of Rose Sobel & Duke Segal, who received his professorship from University Canada West MBA Program.

## Sharing Your Success!

You've studied and applied yourself for years and now have your hard-earned graduation certificate or diploma in hand. It's time to share your success.

Send your announcement to [thumphries@beth-tzedec.org](mailto:thumphries@beth-tzedec.org) with the graduate's name, parents' names, degree earned and university/college name. We'd also be happy to include a digital photo.

# the little minyan

a participatory Shabbat service at Beth Tzedec

**Shabbat mornings, Learning 9:00 AM | Services 9:30 AM**

September 9, 23, October 14, 28, November 4, 18,  
December 2, 16, January 6, 20, February 3, 17,  
March 2, 16, 30, April 13, 27, May 11, 25 and June 8

Join Rabbi Fryer Bodzin before each Little Minyan Service for some Shabbat morning learning before we begin *tefillah*. Everyone is welcome.

For information, contact Karen Goldstein at [kgoldstein@beth-tzedec.org](mailto:kgoldstein@beth-tzedec.org).



## Torah and Tree Pose

WITH MARCEE BAR-ISAAC AND RABBI FRYER BODZIN

**Wednesday evenings, October 4,  
November 1 and December 6 at 7:45 PM**

### Bringing Together Body, Mind and Spirituality

Join us monthly for a brief text study, followed by yoga (all levels), and concluding with moments of mindfulness and meditation. Please bring your own yoga mat.

No charge; Pre-registration is required via

<https://bit.ly/torah-tree-pose>





Rabbi Robyn Fryer Bodzin

*In calling out to God with kavanah, with sincerity, I have learned to listen and find God calling within me.*

# Bringing Meaning into the Minyan

Dear Friends,

On most Shabbat mornings, my home is the Little Minyan. It was founded 27 years ago by our members Ellen Kachuk Rosenbluth and Eileen Silver as a smaller, participatory and lay-led Shabbat morning service.

The Little Minyan has always had a spiritual leader attached to it and I am privileged to be that person now. While I am in the room as a resource, lay-led means that community members lead prayers, read from the Torah, chant haftarah and offer brief words of Torah which are usually connected to the weekly Torah reading.

For many years, the Little Minyan met weekly, parallel to the Sanctuary Service. When COVID hit, the Little Minyan went on a long-term hiatus. With the help of committed members of our community, last year the Little Minyan returned sporadically. And this coming year, the Little Minyan is back in full force on a bi-weekly basis! (See page 12 for the “Minyan of Learning” and Little Minyan Services schedule.)

Back in the days when the Sanctuary Service began at 8:45 AM, the Little Minyan began at 9:30 AM. While it is a full service, there are no cantorial pieces or formal sermons, allowing for a shorter duration. We try to involve as many people as possible in the service and encourage them to stretch their abilities and participate in new ways.

This year, the Little Minyan will incorporate a few changes. When it meets, there will be a 30 minute learning opportunity—the “Minyan of Learning”—beginning at 9:00 AM. This way, people who are not able to

make it to weekday classes due to work schedules will still be able to learn as a community.

Also, the Little Minyan is moving to a team approach for leadership. We will have two co-chairs as well as a *davening* (prayer) coordinator, a *layning* (Torah reading) coordinator, a D’var Torah coordinator and a special events coordinator.

We pride ourselves at Beth Tzedec with our Small Groups initiative. Over the past few years, hundreds of people have felt more connected and less lonely because they found themselves in a small group of peers, with similar interests. In many ways, the Little Minyan was a Small Group decades before the term was coined for House of Worship.

Those who regularly attend the Little Minyan have grown closer. If a less formal Shabbat morning service is of interest to you, then I invite you to join us in the Little Minyan beginning on September 9.

We realize that not everybody has the skills yet to lead a Shabbat morning service or read from the Torah, but many people can offer a D’var Torah with a little encouragement. With that in mind, the Little Minyan is offering a failproof “How to Offer Give a D’var Torah” class on Wednesday, August 30 at 7:45 PM. Please register at <https://bit.ly/give-dvar-torah>.

May it be a year of growth and health and love,

—Rabbi Fryer Bodzin





Cantor Sidney Ezer

*Individuals unite by singing. Through the process of making music, we expand the openness within us to welcome divine resonance.*

# No Time to Wallow in the Mire

Although widely viewed as romantic and sexual in nature or a song about getting high, “Light My Fire” by The Doors is a song still open to interpretation. Robby Krieger, Jewish guitarist for The Doors and primary lyricist of the song, has stated that some people even understand it as having some sort of metaphysical connotation.

In the context of the song, a man says to his girlfriend: “The time to hesitate is through. No time to wallow in the mire.” The phrase “no time to wallow in the mire” means the couple cannot simply continue the relationship as it is. They would have to be willing to experiment sexually. Adding a romantic element is what needs to be done immediately and they have nothing to lose by trying something new. For if they do not, their relationship will die.

This idiomatic expression of wallowing in the mire came to mind as I was exploring the theme for the High Holy Days and beyond. Here is how...

The theme this year is *Va’ani Tefilati*—Connecting the Divine Within Us. *Va’ani Tefilati* comes from Psalm 69:14 that we recite three times during the Services for taking out the Torah on

High Holy Days, Festivals and at Shabbat *Minhah* :

“But as for me, let my prayer be to you, O Lord, in an acceptable time: O God, in the greatness of Your steadfast love, answer me in the truth of Your salvation”.

Immediately afterwards in verse 15, the psalmist pleads with God: “Deliver me out of the mire and let me not sink; let me be delivered from those who hate me and out of the deep waters”.

This image of crying out of the depths is a common one. The opening verses of Psalm 69 also illustrate the related imagery of drowning under an overwhelming flood: “Save me, O God; for the waters are come into my soul. I sink in deep mire, where there is no standing; I am come into deep waters, and the flood overwhelms me” (*Psalm 69:2-3*). These are the psalmist’s expressions of hopelessness and anxiety, of deep depression and a sense of being so overwhelmed by one’s circumstances that there is no way out.

The same imagery appears with the word for “pit” the metaphor of the pit being the final fate of the lamenter if God does not come to the rescue. In some cases, the life of the lamenter is

## Shabbat of REMEMBRANCE

SATURDAY, NOVEMBER 11 AT 9:00 AM

Join Cantor Sidney Ezer and guest vocalists for a Shabbat of Remembrance and reconciliation.



genuinely in danger and the enemy is his family (cf. Psalm 69:8). For example, the prophet Jeremiah was physically thrown into a miry pit by his enemies. Returning to Psalm 69:14 quoted earlier, the verse preceding it notes the taunts that the lamenter endures: “They who sit in the gate talk of me; and I am the song of drunkards. But as for me, let my prayer be to you, O God, in an acceptable time” (Psalm 69:13-14).

The letter *vav* in *Va'ani Tefilati* (But as for me...) is there to distinguish the prayer of the lamenter from the taunts and drunken ramblings of his tormentors. This year, we are revisiting the subject of prayer and the prayer experience. The COVID pandemic certainly impacted our experiences with prayer. And even post-COVID, it has been a gradual and

arduous struggle for greater in-person attendance at services or even for making a minyan.

For many Conservative Jews, prayer experience primarily revolves around lifecycle events. In those cases, people may not be coming to pray per se but merely as invited guests. In other cases, people wanting to pray are turned off by the seemingly rote and static experience of fixed prayer.

Drug references aside, “Light My Fire” is a song about pushing boundaries, about trying your best in life and love, leaving your inhibitions. It is about pushing your soulmate to the edge physically, sexually and emotionally to experience life.

According to the Zohar, when the Torah is taken out of the ark to be read, the heavenly gates of mercy

open and God's celestial love awakes. It is to this resurgent love that Psalm 69:14 appeals at this “hour of Divine favour”. In the context of the High Holy Days, one prays at this hour of Divine favour for God's mercy and forgiveness.

Unfortunately, when it comes to prayer in general, many people have fallen into the pit of apathy or staleness and fail to tap into this celestial love. The challenge for us as Jews is how to push our boundaries in our love relationship with God.

“*Va'ani Tefilati* ... But as for me...”

How will you fill in the blanks? The time to hesitate is through. No time to wallow in the mire.

I hope that this year will light a fire under you as we explore prayer together.



# Peace of Mind Dinner

## Kabbalat Shabbat Service and Dinner

Friday, October 20 Services: 6:00 PM | Dinner: 7:15 PM

Through the international Peace of Mind program, Beth Tzedec has the privilege of hosting a special unit of discharged Israeli elite combat soldiers as part of our Israel Action initiatives. Join us for a Kabbalat Shabbat service followed by a delicious catered dinner in their honour.

Everyone is welcome to attend the Services. Dinner by pre-registration only. To register, visit <https://bit.ly/peace-of-mind-2023>.



# 20s and 30s SHABBAT DINNER

FRIDAY, OCTOBER 6

SERVICES AT 6:00 PM | DINNER AT 7:15 PM

Join Beth Tzedec 20s and 30s for a musical Shabbat at the Floor service followed by Shabbat dinner catered by Apex Kosher Catering.

As the Sukkah reminds us of our vulnerability and creates the space for expressing gratitude for our comforts, we will join together in the Sukkah to build community, celebrate Shabbat and Shemini Atzeret and explore the current housing crisis in our city and learn about actions we can take.

Cost: \$21 for Beth Tzedec members; \$25 for the community.  
Pre-registration is required by Monday, October 2 at 11:00 AM.  
To register, visit <https://bit.ly/20s-30s-sukkah-dinner-2023>.



*Lishma Jewish Learning Project launched in November 2018 in Toronto. We are a community of learners in our 20s and 30s, excited to share our desire for greater Jewish engagement. We are willing to ask questions of our tradition and we want to explore how it informs our lives today. We hope you'll be part of it.*

**Term 1: Wednesday, October 25 to November 29**

These sessions will be held at Beth Tzedec. Pre-registration is required. Visit [www.lishma.ca](http://www.lishma.ca) for more information.







Yacov Fruchter

# Running Through the Halls

*This year, we are challenging ourselves to continue to find moments of connecting to holiness, especially in prayer, and I want you to join us in this journey.*

As a child in Montreal, our family went to a small *shtiebel* (synagogue) every Shabbat and it offered community, intimacy and empowerment to the 30 families involved. As I reached my tweens, I started joining my friends at Beth Zion, the larger synagogue in my neighborhood. That synagogue had more people, youth programming, a youth minyan where the teenage boys had opportunities to lead and hone their prayer skills and wonderful kiddushes.

But my favorite thing to do at Beth Zion was play bottle hockey. It is as simple as it sounds—six sweaty 14-year-olds positioning ourselves in the narrow corridor outside the Rabbis Study, forming two teams to score makeshift goals. All we needed were empty one-litre pop bottles, cap on, and we would play for 45 minutes. Rest assured, these same boys and I would participate in services and often read from the Torah, but bottle hockey helped us feel truly at home!

My friend Aaron and I were watching our kids play camp-style games on the Bet Alpha Floor following one of the Family Shabbat dinners—which now attract over 250 people each month—when we began reminiscing about our respective childhood experiences of playing in synagogue, mine in Montreal and his in Vancouver. We are both knowledgeable and committed Jews who shared the experience of walking into our synagogues as children and feeling like we owned the place. To be sure, we also revered the sanctuaries and chapels and the people of all ages who frequented these holy spaces, but we also never questioned whether we belonged.

R. Hananiah ben Teradion said: If two sit together and there are words of Torah [spoken] between them, then the *Shekhinah* abides among them. (*Pirkei Avot* 3:2)

Our Families and 20s and 30s Shabbat

dinners have been deliberately curated to maximize meaningful spiritual moments, fun and relationship building. Following the high energy services where kids are singing and dancing, and the quickly served delicious Shabbat meal catered by Apex, the kids attending the Family Shabbat move on to age-appropriate activities. Parents remain and then the magic happens: sometimes listening to a short talk or words of Torah for 30 minutes, these young, tired parents spend time getting to know each other, sharing some *l'haims*, their version of bottle hockey, and increasingly feeling like they are part of community.

There is indeed holiness in these moments of coming together, which we have seen continuously through our Small Groups which have also decreased feelings of isolation and increased a sense of connection.

This year, we are challenging ourselves to continue to find moments of connecting to holiness, especially in prayer, and I want you to join us in this journey. Spend more time in our Shabbat morning services with Cantor Ezer or in the lay-led Little Minyan Service. Join us for a mindfulness experience led by Aviva Chernick or at our monthly Shabbat at the Floor Kabbalat Shabbat, our Friday night and Shabbat morning monthly Family Services or spend some time exploring the diverse High Holy Days options to find something truly meaningful for you.

Prayer, *tefillah*, is at the centre of what we do and keeps us centred in this unique time that we live in.

There are so many reasons to spend time in our building. I hope, that for whatever reason you enter, you feel as at home as I did as a kid leading services and playing bottle hockey and that it brings you meaning and connection.





Daniel Silverman

*Synagogues are uniquely positioned to create thick Jewish identities. They are the only Jewish institutions that offer the combination of prayer, learning, culture, community and giving back from before birth until after death.*

# Building, Strengthening and Sharing Jewish Identity

I love Rabbi Mordecai Kaplan's formulation of Judaism as a civilization. In his 1934 book of the same title, he argues that Judaism is far more than a religion as it also includes a shared language, history, cultural practices, cuisine, ethics, literature and symbols. Though Kaplan was the founder of the Reconstructionist denomination of Judaism, he was a product of the Conservative movement in the early 1900s and it is not surprising to me that the way in which many Conservative Jews connect to their Judaism is through the lens of civilization, not only religion.

Jewish living, according to Kaplan's idea, is one of thick identity. Studying Jewish texts, speaking Hebrew, eating Jewish cuisine, gathering for prayer, reading Jewish literature, and so on. Two additional elements of Jewish identity that Kaplan didn't speak about in 1934—for obvious reasons—are support for Israel and Holocaust remembrance. Today, these two pieces

form a strong backbone of many Jews' relationship to their Jewish lives and identities, especially in our Toronto community.

What Kaplan identified could be restated as a 'thick Jewish identity'. Thick identities are built on solid, wide, and multi-faceted foundations. A thick Jewish identity will involve many of the elements outlined in the paragraph above. Thick identities help people connect with each other, they support deep dives into one particular area of identity, and they leave room for and support questioning and personally wrestling with elements of one's identity that might not sit comfortably at a particular moment.

Thin Jewish identities, in contrast, are built upon only a few foundational pillars. Those pillars may be exceptionally strong in and of their own right, but there are risks to supporting an identity with only a few support columns. One risk is that community and commonality might be

## THE POSTHUMOUS LANDSCAPE: More Jewish Historical Sites of Western Ukraine

Photographs by David Kaufman



*Yurij Davidovitch, seated in Khotyn's decaying post-war synagogue. (Photo ©David Kaufman, 2016)*

### Exhibition opens September 2023

The ongoing war in Ukraine, now well into its second year, has focused the western world's attention on the Eastern European nation that broke away from the Soviet Union in December 1991. Ukraine has a rich and complicated Jewish heritage, remnants of a large community that was decimated during the Second World War. In June 2016 photographer David Kaufman travelled to the western part of the country to document the region's abundant Jewish material culture. Kaufman visited the cities of Lviv and Chernivtsi and 18 surrounding towns to capture images of synagogues and cemeteries, and Jewish neighbourhoods and architecture that remain from the time of the Holocaust and before.

This is Kaufman's third exhibition at the Beth Tzedec's Reuben and Helene Dennis Museum of material from his travels in Poland and Ukraine. The display will include mostly new photographs.

[www.davidkaufmanphotography.com](http://www.davidkaufmanphotography.com)

harder to find because one's identity is not as multi-faceted. Another risk is if one of the pillars starts to erode, it risks collapsing the entire identity structure.

Synagogues are uniquely positioned to create thick Jewish identities. They are the only Jewish institutions that offer the combination of prayer, learning, culture, community and giving back from before birth until after death.

As community hubs, synagogues can support thick identity formation by bringing together different groups of people with different views and opinions under the same community roof. The value of community—otherwise stated as unity—has always been critical for Jews. The seeking of uniformity, in contrast, has never been part of our tradition or history and risks making people feel they are on the outside. We can be unified without being uniform, and a unified community

that contains a multitude of voices helps build a more complex and nuanced identity.

Synagogues also support Jewish learning, at all ages and stages, which leads to increased levels of knowledge. In an ideal world, acquiring knowledge is a prerequisite for forming opinions. Opinions without sufficient knowledge are dangerous and are also thin. This is the situation that many young Jews find themselves in when debating Israel-Palestine on university campuses. Our community has provided them with opinions, with feelings, with talking points, but we have not shared sufficient knowledge for them to engage in the kinds of conversations that are taking place. This is a version of a thin identity, and synagogues can be important players in thickening not only a knowledge base on a particular subject, but also the desire to always be learning and

accumulating new knowledge.

Identities should be multi-dimensional. Thick Jewish identities are based on knowing where one stands and also having a broader context for where the individual fits within the larger whole. There is an appreciation for all of Kaplan's Civilization inputs of both the past and the present. There is room for engaging with others even when there is disagreement.

As we enter this new year, my hope is that we all take steps to further thicken our Jewish identities, and my prayer is that our community sees the value in unity and common purpose, which includes welcoming and embracing those within our tent with whom we might disagree. We will all be stronger, both individually and collectively, in doing so.



Congregational School Experience



**Directed by an accomplished educational professional and staffed by well qualified teachers, CSX makes a personal connection with every child.**

At **CSX**, your child will:

- Develop a sense of Jewish identity and learn about Jewish traditions, holidays and customs
- Gain familiarity with prayer and Jewish ritual
- Learn to read and write Hebrew
- Use technology, art, music and movement to create meaningful and lasting learning experiences
- Have the opportunity to meet other children and make friends
- Establish a vibrant link to Israel
- Begin a path to a more meaningful Bar/Bat Mitzvah experience

Contact Daniel Silverman at [dsilverman@beth-tzedec.org](mailto:dsilverman@beth-tzedec.org) or 416-781-3514 ext. 231. Register your child today!



Aviva Chernick

*The more I am involved with the shul, the more at home I feel. The more at home I feel, the more of myself I can bring to my leadership, meaning I am able to lead from an authentic place.*

## *Va'ani Teflati: I Am My Prayer*

In Temple times, we made sacrificial offerings to the Divine that were offered up on the altar on our behalf by the High Priests. There were many different kinds of offerings, including: Sin offerings (or missing the mark); Guilt offerings; the offerings of the First Fruits; and offerings of wellbeing and wholeness. The sacrifices were gifts and also submissions, admissions and confessions.

*Korbanot* (offerings) were a central part of the Israelites' relationship with God, an important container for expressing, acknowledging and releasing the truth of their individual and communal lived experiences. Since Temple times, prayer replaced these sacrifices, and so prayer has become our offering.

*Va'ani Teflati*, which can be understood as *I Am My Prayer*, is our theme for this coming year. As I enter a renewed term with Beth Tzedec, I ask myself what might this text be proposing that can help me in my *avodah*, my service, with our community?

This will be my fifth year with the shul, and this year I become an employee, taking the title of Spiritual Leader. I love this because it reminds me of my responsibility to care for my spirit so that I can care for yours well. This care, for me, is about connection between us, between each of you, between you and the world beyond the shul and between you and the Divine. This care and connection are nurtured by accessing my areas of specialty and interest: art; voice; breath; song; emotion; mindfulness; embodiment; and prayer.

I am not changing my role, only becoming even more deeply engaged with and more present through my leadership to our Beth Tzedec community. The more I am involved with the shul, the more at home I feel.

The more at home I feel, the more of myself I can bring to my leadership, meaning I am able to lead from an authentic place.

As you may know, since the spring, authentic leadership for me has meant leading from within the grief of my father's death, not always a social place and often a messy one. You have been remarkably kind throughout this time for which I am grateful.

Most of what I do at Beth Tzedec falls under the auspices of the Centre for Spiritual Well-Being, and that includes the mindfulness practices I am offering: the recent *Kirva* retreat; the Meditation Services for Rosh Hashanah and Yom Kippur and the "Torah Through a Mindfulness Lens" series starting in November.

My title of artist-in-residence travels along with me, as do my years of professional training and practice as a performing artist, musician and teacher. (Ask me about my recent certification for the two-year long vocal teacher training I completed in July!) This is not a small influence. It is the foundational lens through which I engage with everything—including the Divine—a lens of creativity.

Leading authentically means leading from my experience as an artist, with creativity at the fore of all of my work. It means not just a commitment to unmediated vocal expression in song, but also seeking opportunities for us all to engage our beautiful and differently abled bodies as part of our *shlaymoot*, our wholeness. In the realm of arts-based prayer exploration, I will return to the "Bree-AH" series for a new round of the "Arts and Pray/Play Lab" on Sunday mornings beginning in November. This year, the fourth Sunday will be a day-long retreat to allow for more time to dwell in creative, spiritual practice.

Leading authentically also means resting unabashedly in my Queer identity, becoming even more visible so as to help make a path for others who have not previously experienced this welcoming at Beth Tzedec. And this year, instead of waiting until Pride Month to lead programming for the LGBTQ+ community, we are starting in October when I will lead an LGBTQ+ community mindfulness program in the Sukkah.

Our guiding message for this year, *Va'ani Tefilati* could very easily be a guide for every year to come. The text proposes to me that how I eat, speak, act, dance, sing and love are all my prayer. It challenges me to remember that how I live is my offering to the Divine, and no matter what is unfolding for me, I have choices about this life and how I am in it. It isn't as much about what I do or accomplish, or even what my title is, but how I am

with myself, with those I love, with those with whom I am in community, and with this earth and all its homes.

I am honoured and excited to enter this year together. Please look out for me so we can meet and embrace within the sweetness of this moment.

Shanah Tovah U'metukah  
—Aviva



## Sukkot Song Circle

Sunday, October 1 at 7:45 PM

Have you ever sung in the Sukkah? If you have, you know how wonderful it can be and, if you haven't, just wait till you hear all of our voices together. Join Aviva Chernick for this post-*hag* gathering in song. We will begin with Havdalah to end the festival and continue with wordless melodies and songs for the season, accompanied by tea and nosh to keep us warm. All lyrics will be translated and transliterated.

You do not need Hebrew or how to sing in order to participate. This program is for participants from B'nei Mitzvah age and up. Dress warmly. No charge but pre-registration is requested. To register, visit <https://bit.ly/sukkot-song-circle-2023>.



## LGBTQ+ Mindfulness Gathering: Sukkot Edition

Sunday, October 1 at 7:45 PM

Join Aviva Chernick for this Sukkot edition of our community mindfulness gathering, in silence, in reflection, in song and ... in the Sukkah. AND, there will be soup and tea to keep us warm.

No previous meditation experience required. Any text shared will be translated and transliterated. Please dress warmly.

We are grateful to all allies but ask that this event be for the LGBTQ+ community only.



CINEMA SPECTACULAR CONCERT:  
**SOUNDS OF THE  
GOLDEN AGE OF CINEMA**

WITH MEIR BRISKMAN AND THE LISHMOA EL HARINA ENSEMBLE

**WEDNESDAY, SEPTEMBER 20 AT 7:30 PM**

Join us for this night of classic songs with the talented Lishmoa El Harina Ensemble under the direction of renowned conductor Meir Briskman. Enjoy familiar songs that came out of this incredible period from the late '20s to the late '60s, featuring special guests, including our own Cantor Sidney Ezer and accompanist Asher Farber.

This concert will be presented for in-person and online audiences.  
Pre-registration is requested via <https://bit.ly/cinema-spectacular-concert>.

## Board of Directors Meetings

Members are welcome to attend all regularly scheduled meetings of the Board of Directors. To accommodate the need for sensitive items to be discussed in private, each meeting will include an in camera portion, allowing the Board to deliberate confidentially without any guests. Upcoming dates: **September 19, October 17** and **November 21\*** at **7:30 PM**.

To register to attend a Board meeting, contact **Evon Kassabian** at 416-781-3514 ext. 222 or email [ekassabian@beth-tzedec.org](mailto:ekassabian@beth-tzedec.org).

\*The November meeting will be via Zoom only.



Cantor Audrey Klein

For some of us, *tefillah* is like second nature and for others, it takes tremendous effort and focus to have any type of meaningful connection with the Divine.

# Come As You Are

When I was in seminary, cantorial and rabbinical students participated in something called *tefillah* (prayer) groups. The groups, which meet weekly and rotated leaders, fostered a creative approach to prayer in imaginative and experimental ways. Groups could range from writing as a spiritual practice to prayer through visual art to *davening* (praying) through creative movement or being in nature.

For example, one year, a group called “The Stairwell *Minyan*” (prayer group) was formed, aptly named because they met in a seldom-used stairwell on campus which had fantastic acoustics and was a great spot for meaningful prayer and music-making up and down the stairs.

During my first year of school, I joined a group called “The Catharsis *Minyan*”, which explored prayer as a method of releasing physical, emotional, and spiritual tension and feeling refreshed or renewed afterwards. Sometimes *siddurim* (prayerbooks) and traditional liturgy were used, other times certain excerpts of the liturgy were included while others were skipped, and some weeks, the liturgy was discarded altogether. Every week was something different, but our goal was to have that “ah feeling” by the end of *davening*.

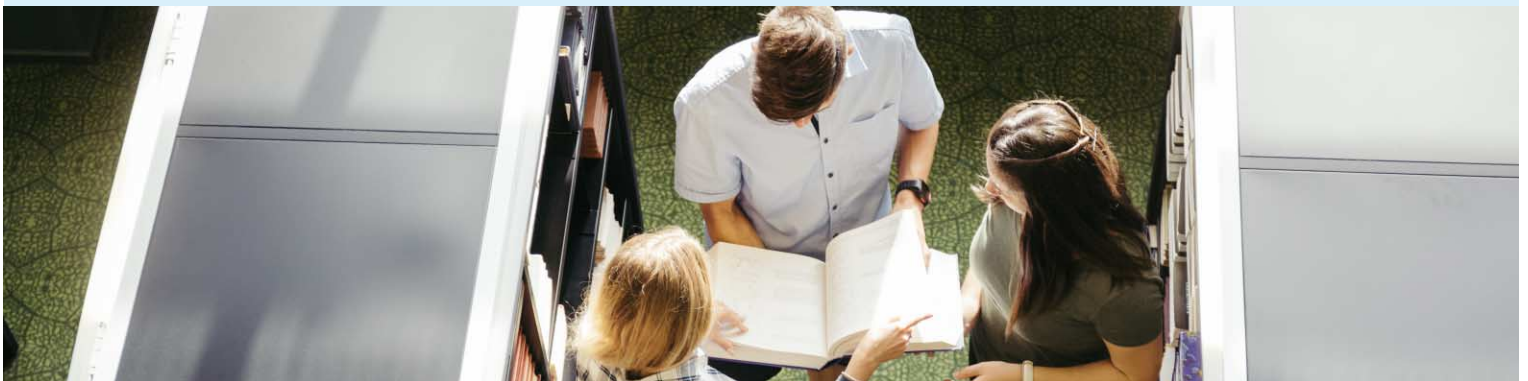
One week, our *davening* was guided by secular music that spoke to the themes of our sacred liturgy. The leaders chose songs from a variety of genres to represent important parts of our

*tefillah* and shared them in the order of the service while also making space for us to use our *siddurim* to pray.

To correspond with *Barkhu*, the ceremonial call to prayer, our leaders chose “Come As You Are” by Nirvana. If you know anything about Nirvana, you will know that their music was typically gritty, angst-filled and introspective. While there are speculations as to the true meaning of the lyrics, Kurt Cobain, the band’s frontman, always claimed that the song was just about people and accepting them for who they are.

For some, a song by the band synonymous with grunge won’t inspire them towards meaningful prayer; but for me, it is a perfect way to think about approaching prayer. Each of us comes with our own experiences and our own expectations and any preconceived notions from others, or from ourselves, can impede us from having truly prayer-filled moments.

For some folks, the words of our liturgy are so familiar and for others, opening the *siddur* and seeing page after page of unfamiliar text is overwhelming. For some of us, *tefillah* is like second nature and for others, it takes tremendous effort and focus to have any type of meaningful connection with the Divine. But if you are able to ‘come as you are’ into prayer, you open yourself up to sacred moments and if you’re lucky, maybe even that “ah feeling”.





Lianne Leboff



David Matlow

# 2023 High Holy Day Appeal: Embracing the Spirit of Giving

*Your commitment is a testament to the enduring spirit of Beth Tzedec and together, we will continue to build a future of unity, compassion and growth.*

As we approach Rosh Hashanah, we are reminded of the importance of our synagogue. Whether we attend regularly or occasionally, we derive comfort from knowing our Congregation is a constant presence. Beth Tzedec is here for us, and it is our collective hope that it always will be.

One way of ensuring the vibrancy and continuity of Beth Tzedec is our Annual High Holy Day Appeal. Each year, we ask our members to support the synagogue, beyond their annual membership fees by contributing to this campaign. Once again, we humbly request your assistance, if you are able.

Over the past year, we have experienced remarkable growth. Thanks to the Generations Membership program, which eliminated financial barriers for young individuals and families, Beth Tzedec is now home to the largest contingent of under-40 members among synagogues worldwide. Ours is a bold undertaking which represents an investment today in the Beth Tzedec of the future. Despite the challenges faced by many synagogues, we have defied the prevailing trend of waning synagogue participation with an ever-expanding cohort of young congregants.

This growth is a testament of our leadership's commitment to innovation, enabled by our members. As we continue to build an environment that fosters personal connections and meaningful Jewish experiences, contributions to the Annual High Holy Day Appeal become even more crucial. Beth Tzedec is not just a place of worship; it is a community that unites us through shared values, joyous celebrations and compassionate support.

It is important to remember that the High Holy Day Appeal is a critical source of funding for Beth Tzedec. Membership dues alone cover only 30 percent of our annual expenses. In addition to rental income and cemetery revenues, the remainder of our budget relies on your philanthropy. Every contribution, regardless of the amount, plays a significant role in sustaining our congregation.

To make your gift to this year's High Holy Day Appeal, please visit [www.raisedays.com/bethtzedec](http://www.raisedays.com/bethtzedec). Your commitment is a testament to the enduring spirit of Beth Tzedec and together, we will continue to build a future of unity, compassion and growth. Once again, a lead gift of \$150,000 has been generously provided by our Honourary Campaign Chairs, Larry and Judy Tanenbaum. As of August 23, an additional \$172,999 has been raised from 58 members, so we are 64 percent towards our goal of \$500,000. Please consider helping us reach the goal.

As we embark on this new year together, we extend our heartfelt gratitude for the generous support and vision for the future of our members. With your help, we are nurturing a flourishing community where individuals are inspired to live meaningful Jewish lives.

May the upcoming High Holy Days bring blessings and renewal to you and your loved ones, and peace to Israel in all its meanings. Shanah Tovah.

**—Lianne Leboff and David Matlow**  
2023 High Holy Day Appeal Co-Chairs



# Your Gift, Your Divine Legacy



In this season of reflection and renewal, join us in participating in our **Annual High Holy Day Appeal**.

Chaired by congregants **Lianne Leboff** and **David Matlow**, the Annual Appeal enables members of the Beth Tzedec community to make a gift and support the connections that bind us together. **Once again, Larry and Judy Tanenbaum, our honorary Appeal Chairs, are generously matching all donations, up to \$150,000.**

By making your gift, you support our sacred space, a congregation in which interpersonal relationships and Jewish engagement are woven into the fabric of our community. You also help us nurture and fuel Jewish life for our 5,000 individual members.

During these High Holy Days, let us embrace the call to connect to the divine within us and elevate Beth Tzedec to new heights. Your contributions play a crucial role in building a sense of belonging and well-being within our community and beyond.

Thank you in advance for your generosity. Gifts of all sizes are greatly appreciated.

To make your gift, visit [raisedays.com/bethzedec](https://raisedays.com/bethzedec).



## Have you heard about the Tzedec Circle?

This year, we are pleased to present the Tzedec Circle, a new Beth Tzedec program that recognizes donors of \$1,800 or more to the Annual High Holiday Appeal. By making a gift at the Tzedec Circle level, you are part of an esteemed group of donors that is helping guarantee the future vibrancy of our congregation. Tzedec Circle members will be recognized at a special reception in the Sukkah with Rabbi Wernick and the Spiritual Leadership Team.



SHANAH  
שנה  
TOVAH  
טובה  
5784 • 2023

*Your interactive guide to services and programs for*  
Rosh Hashanah | Kol Nidrei | Yom Kippur  
Sukkot | Shemini Atzeret | Simhat Torah  
**5784/2023**

# Our Services

We're bringing your favourite High Holy Days services for you and your family to enjoy! Beth Tzedec members can participate either in-person or via our virtual hub to access those experiences most meaningful to you.

This *High Holy Days Guide* will be updated with direct links to access the services as we move closer to Rosh Hashanah. Check your emails, and weekly eblasts for updated information and virtual/Zoom links.

**(Note: The shofar will not be blown on Saturday, first day of Rosh Hashanah as it is Shabbat.)**



## Sanctuary Services

Join **Rabbi Steve Wernick**, **Hazzan Moshe Fishel** and **Maestro Meir Briskman**, **Lishmoa El Harina** and **Lara Rodin** for our spectacular and inspiring High Holy Day services with excellent *Hazzanut*, choral singing and teaching. Congregational Torah and Haftarah readers participate in the Torah Service.

The Shofar Service and initial blasts begin around 10:25 AM on Sunday only. *Hazzan* Fishel and the choir will commence when the Torah is returned to the Ark.

The Sanctuary Services will be livestreamed via <https://bethzedec.tv>.

### Rosh Hashanah

September 16 & 17 at 8:45 AM

### Kol Nidrei

September 24 at 6:55 PM

### Yom Kippur

September 25 at 9:00 AM



## Mezzanine Services

Join **Rabbi Robyn Fryer Bodzin**, **Cantor Sidney Ezer** and Ritual Director **Lorne Hanick** for this inspiring and participatory service. The warm atmosphere and emphasis on singing will help every member engage with the liturgy as we celebrate the *haggim*. These Services are offered **in-person only**.

### Rosh Hashanah

September 16 & 17 at 8:30 AM

### Kol Nidrei

September 24 at 6:55 PM

### Yom Kippur

September 25 at 9:00 AM



## Return Again and Again: Meditation

Begin your day with time in silent reflection, simple repeated melodies and deep learning. Spiritual Leader **Aviva Chernick** will guide us using the mindfulness tools of returning to the breath and the body, together with the teachings of this season, to awaken our hearts and open the pathway for the prayers that are waiting to be spoken. All are welcome. Previous experience with meditation is not necessary.

### Rosh Hashanah

September 16 & 17 at 9:30 AM

### Yom Kippur

September 25 at 12:45 PM



## Short & Sweet Outdoor Services

Join **Yacov Fruchter**, Director of Community Building and Spiritual Engagement, and Spiritual Leader **Aviva Chernick** for this spirited and welcoming 90-minute Service highlighting essential elements of the liturgy (*Mahzor*), and combining familiar melodies and meaningful takeaways in an approachable way. These Services will be livestreamed via <https://bethzedec.tv>.

### Rosh Hashanah

September 16 & 17 at 10:30 AM

### Kol Nidrei

September 24 at 6:55 PM

### Yom Kippur

September 25 at 10:30 AM



## Family Services

This 90-minute service is intimate, lively and lots of fun. Join **Daniel Silverman**, Director of Education & Program Development, **Cantor Audrey Klein**, Director of Family & Young Adult Engagement for stories and songs to delight the whole family.

### Rosh Hashanah

September 16 & 17 at 10:30 AM

### Kol Nidrei

September 24 at 6:55 PM

### Yom Kippur

September 25 at 10:30 AM



## Festival Minḥah-Ma'ariv

Everyone is invited to join us at the end of each day for evening services in the Hendeles Chapel or on our livestream via <https://bethtzedec.tv>.

### Erev Rosh Hashanah

September 15 at 6:00 PM

### Rosh Hashanah

September 16 at 6:55 PM  
and September 17 at 7:10 PM

### Kol Nidrei: Early Minḥah

September 24 at 2:00 PM



## A Shemini Atzeret Musical Participatory Service with the HarmonEzers

Join us for a musical service led by **Cantor Sidney Ezer**, **Asher Farber**, and **The HarmonEzers**, our small vocal ensemble. We will introduce new melodies and revive some older and familiar ones in a way that will be sure to get our toes tapping and our voices singing in harmony.

This Service is presented as part of the Shemini Atzeret Sanctuary Service and will also be livestreamed via <https://bethtzedec.tv>.

### Shemini Atzeret

October 7 at 9:30 AM



## Yom Kippur Minḥah Service

Join us in the Hendeles Chapel for our Minḥah Service with a Torah reading and a reading of the Book of Jonah.

It will also be livestreamed via <https://bethtzedec.tv>.

### Yom Kippur

September 25 at 4:45 PM



## Neilah, Ma'ariv and Shofar Blowing

Join members of our Spiritual Leadership in the Sanctuary as we conclude the High Holy Days with this beautiful and inspiring service in which we imagine the Gates of Heaven closing and offer our final plea for redemption and life.

Neilah will be followed by Ma'ariv, the final shofar blowing and Havdalah.

If joining us via our livestream feed, for Havdalah, we suggest that you turn off the lights and turn on a glow stick. Then grab your shofar and sound the final blast with us.

This service will also be livestreamed via <https://bethtzedec.tv>.

### Yom Kippur Evening

September 25 at 6:25 PM  
(Minḥah Services begin at 4:45 PM)

# Our High Holy Days Programs



## Va'ani Tefilati: Community Seliḥot Service

Saturday evening, September 9  
beginning at 10:30 PM

Join us for an inspiring musical Seliḥot service focusing on the theme of *Va'ani Tefilati*. Featuring **Cantor Sidney Ezer**, **Cantor David Edwards**, and **Cantor Jeremy Burko**, accompanied on piano by Asher Farber, with insightful readings and *kavanot* by **Rabbi Steven Wernick** and **Rabbi Louis Sachs**. A dessert reception follows. Then at midnight, the Gates open!

No charge. For those attending in person, register via <https://bit.ly/community-selihot-2023>. This program will also be livestreamed.

PRESENTED BY BETH TZEDEC, BETH TORAH AND BETH RADOM CONGREGATIONS



## Downtown Shofar Blowing with Yacov Fruchter

Sunday, September 17 4:30 PM

Join Yacov Fruchter for shofar blowing in the labyrinth at 700 Markham Street, the corner of London and Markham. All are welcome.



### Camp HiHo: High Holy Days Children's Care Experience

Welcome to Camp HiHo; our new high holiday children's care experience at Beth Tzedec! While parents are in services, campers (children) will be participating in developmentally appropriate explorations around the themes and messages of the holidays.

Games, singing, acting, escape room challenges, physical play, guided mindfulness exercises, snacks and more await at Camp Hi Ho!

#### CAMP UNITS:

**Shofar Babies:** Birth to age two— with professional childcare staff

**Tekiah Tots:** Ages 3 and 4— Nursery and JK

**Shevet Shevarim:** Ages 5 and 6— SK and Grade One

**Troop Teruah:** Ages 7 to 10— Grades 2 to 5

**The Tekiah Gedolah Gang:** Ages 11 to 14— Grades 6 to 8

Pre-registration is requested for all participants in Camp HiHo. To register, please visit <https://bit.ly/3QOZp5i>.

#### Rosh Hashanah

September 16 & 17  
from 9:30 AM to 12:30 PM

#### Kol Nidrei

September 24  
from 6:30 to 9:00 PM  
(Babysitting, childcare and programs for children up to Grade 3 only)

#### Yom Kippur

September 25  
from 9:30 AM to 1:30 PM



### Songs and Stories for Young Children and Families

**Rosh Hashanah**  
September 16 & 17  
from 10:30 AM to 12:15 PM

**Yom Kippur**  
September 25  
from 11:00 to 11:30 AM

#### Rosh Hashanah Day 1

Join Cantor Audrey and her friend Billy-the-Kiddish Cup as they learn all about the Jewish New Year and the High Holy Days.

#### Rosh Hashanah Day 2

A Rollicking Rosh Hashanah Seder! What? You've never heard of a SEDER for Rosh Hashanah? Join us as we turn this ancient Jewish holiday ritual into a funny, punny, food-based fun time for all! There will be no tree nuts served but do tell us in advance if your child has any other food sensitivities.

#### Yom Kippur

Have you ever seen a Ziz? What's a Ziz? Why, it's only the biggest, klutziest bird ever mentioned in the Torah! Join the Ziz on his journey to find "The Hardest Word".



Our program and event opportunities continue to expand each week. Be sure to check our website regularly for updated information.



**Outdoor Family Experience: Shofar Blowing and Tashlikh with Daniel Silverman**  
Sunday, September 17  
from 3:30 to 4:30 PM

Join Daniel Silverman at the baseball diamond at Cedarvale Park for an outdoor shofar blowing after which we will walk to Cedarvale Ravine to perform the ritual of Tashlikh, symbolically casting our sins into the river. Bring some pieces of bread to 'cast' into the river.

Pre-registration is required via email to [dsilverman@beth-tzedec.org](mailto:dsilverman@beth-tzedec.org).



**Outdoor Shofar Blowing and Tashlikh with Rabbi Steve Wernick**  
Sunday, September 17  
from 4:30 to 5:30 PM

Join Reb Steve in the Beth Tzedec parking lot for an outdoor shofar blowing. Then, at approximately 5:00 PM, we will walk to Cedarvale Ravine to perform the ritual of Tashlikh, symbolically casting our sins into the river.

Pre-registration is required via email to [nleybman@beth-tzedec.org](mailto:nleybman@beth-tzedec.org).



**A Pre-Rosh Hashanah Celebration: Kabbalat Shabbat Service and Community Dinner**

**Friday, September 8 6:00 PM**

Join us at Beth Tzedec as we gather to celebrate the coming High Holy Days with an inspiring and meaningful Kabbalat Shabbat Service followed by a delicious catered dinner with special guests, Cantor Moshe Fishel, Meir Briskman and the *Lishmoa El Harina* ensemble. Let's enjoy this time together as a community and reconnect with our Beth Tzedec friends and family.

**Cost: \$48 for adults; \$28 for children. Reservations are required by Monday, September 1 at 12:00 NOON. To reserve, visit <https://bit.ly/rosh-hashanah-community-dinner> or call 416-781-3511.**



**20s and 30s Apple Picking at Applewood Farm Winery**

**Sunday, September 10 1:00 PM**

Let's celebrate the coming Rosh Hashanah at Applewood Farm Winery (12416 McCowan Rd., Whitchurch-Stouffville) for a light lunch and apple picking. We will meet at the Winery.

*If you need a lift or can provide one, please indicate when registering.*

**Cost: \$10 (includes admission and lunch). Pick-your-own apples can be purchased at the orchard. Pre-registration is required by September 5 via <https://bit.ly/apple-picking-20s-and-30s>.**



**Selihot via a Boat on a Moat for Families with kids 12 and under**

**Sunday, September 10 10:00 AM**

*Selihot* is a service traditionally held on the Saturday night before Rosh Hashanah, ushering in the most intense phase of pre-High Holy Days reflection. We're adapting the tradition to a more family-friendly format with our pre-High Holy Days experience—and we're holding it on Toronto Island! We've got our own picnic shelter for our pre-High Holy Days activities, including a *Short & Sweet*-style service. Lunch will be kosher submarine sandwiches. The rest of the day is up to you—using our shelter as your base, feel explore all of the great offerings at the park.

**Cost: \$22 adults; \$12 kids; Maximum \$68 per family. Register at <https://bit.ly/boat-on-moat-2023>.**



**A High Holy Day Hike to Cedarvale**

**Sunday, September 17 from 10:30 AM to 12:00 NOON**

Join rabbinic intern Lara Rodin on the second day of Rosh Hashanah for a morning hike. We'll gather in the Beth Tzedec parking lot and walk as a group to Cedarvale Ravine.

**Pre-registration is requested via email to [info@beth-tzedec.org](mailto:info@beth-tzedec.org).**



**Cinema Spectacular: Sounds of the Golden Age of Cinema with Meir Briskman and Lishmoa El Harina**

**Wednesday, September 20 7:30 PM**

Join us for this night of classic songs from the likes of Bernstein and the Gershwins. Enjoy familiar songs that came out of this incredible period from the '20s to the '60s, featuring special guests including Cantor Moshe Fishel, Cantor Sidney Ezer and accompanist Asher Farber.

This concert will be presented for both in-person and online audiences.

**No charge but pre-registration is required via <https://bit.ly/cinema-spectacular-concert>.**



**Scotch & Steak in the Sukkah**

**Tuesday, October 3 at 7:30 PM**

We're breaking out the Scotch, grilling up the steak and celebrating Sukkot in the Sukkah! Join us at Beth Tzedec for this evening with good friends, great drinks and delicious food.

**Spaces are limited. Watch for registration information coming soon.**

# High Holy Days Hot Topics!

Our “Hot Topics!” are always a highlight of the High Holy Day experience. Join us in person as we open conversations of personal, social and cultural importance.



## Yehi Razon: If It Be Your Will

**Rosh Hashanah Day 2**  
**Sunday, September 17**  
**from 11:00 to 11:45 AM**

Join a multigenerational discussion on what we pray for, how we pray and how our prayer has shifted throughout our lives.



## Praying with Our Feet

**Yom Kippur—Session 1**  
**Monday, September 25**  
**from 12:45 to 1:30 PM**

Join **Don Smith**, Chair of the Board, and **Yacov Fruchter**, Director, of Community Building and Spiritual Engagement, for a discussion on how prayer and social justice work come together to repair our world.



## The Yom Kippur War at 50: Reflections on Its Ongoing Impact

**Yom Kippur—Session 2**  
**Monday, September 25**  
**from 3:15 to 4:30 PM**

The Yom Kippur War was a significant conflict in 1973 between Israel and a coalition of Arab states led by Egypt and Syria. It had a profound impact on Israelis' sense of vulnerability, unity and national resiliency, geopolitics and more, both in the short term and in the long term.

Needless to say, it also profoundly changed the way in which Jews in Israel and the Diaspora approach Yom Kippur itself, especially musically. In this session we will reflect on the impact of the Yom Kippur War, then and now.

**PANELISTS: Rabbi Steven Wernick, David Barr** (a Beth Tzedec member and Yom Kippur Air Force veteran), **Maestro Meir Briskman** and members of **Lishmoa El Harina**.



## Prayers from the Pits

**Rosh Hashanah Day 1**  
**Saturday, September 16**  
**from 11:00 to 11:45 AM**

Join **Sam Rosenthal**, Artistic Director, Co-Writer and Producer of The Christie Pits Riot, and **Lara Rodin**, the Resnick Rabbinic Intern, as they discuss what we can still learn from the Christie Pits riot 90 years later—how to combat antisemitism and how our desire for protection, peace and hope are reflected in our prayers.

## Hidden Treasures of Jewish Canadian Military Veterans.

**From September 15 to Remembrance Day, November 11**

Hidden Treasures shows the significant role played by Canada's Jewish Military Veterans during WW1 and WWII. This exhibit presents a collection of captivating displays featuring historical photographs and previously unseen military and Judaic artifacts. Importantly, it highlights the contributions of Jewish Military Chaplains (Rabbis) and sheds light on the experiences of prisoners of war. It provides a unique chance to delve into the diverse and lesser-known accounts of Jewish Canadian Military Veterans, allowing us to pay tribute to their bravery. This has been made possible through the generous participation of veteran families who have graciously loaned their collections for this showcase.



# Sukkot and Simḥat Torah

We are happy to be able to extend our Holy Days celebrations with programs and events highlighting Sukkot and Simḥat Torah.



## The Making of a Super Sukkah!

Thursday, September 28

7:00 to 8:30 PM

Let's make decorations for the Beth Tzedec Sukkah before the holiday of Sukkot begins!

No charge. Pre-registration is requested via <https://bit.ly/super-sukkah-2023>.



## Short & Sweet Family Service and Sukkah Hop

Saturday, September 30 at 10:30 AM

It's a double blessing to celebrate together: Our first Short and Sweet Family Service AND Sukkot! After services, instead of a luncheon at the synagogue\*, we'll be visiting neighborhood sukkot and having our meal in stages there—along with some other surprises along the way!



## Sukkot Song Circle with Aviva Chernick

Sunday, October 1 6:00 PM

Have you ever sung in the Sukkah? If you have, you know how wonderful it can be and, if you haven't, just wait til you hear all of our voices together.

Join Aviva Chernick for this post-*hag* gathering in song. We will begin with Havdalah to end the festival and continue with wordless melodies and songs for the season, accompanied by tea and nosh to keep us warm.

You do not need Hebrew or how to sing in order to participate; all lyrics will be translated and transliterated. This program is for participants from B'nei mitzvah age and up.

No charge. Pre-registration is requested via <https://bit.ly/sukkot-song-circle-2023>.



## BTUSY Lounge: Teens Volunteering in the Sukkah for Grades 9 to 12

Wednesday, October 4 7:30 PM

Join BTUSY teens for a pizza dinner and volunteering in the Beth Tzedec Sukkah! Come shake the lulav and etrog and celebrate the holiday with a special *hesed* project together!

No charge. Pre-registration is required via <https://bit.ly/44RXsto>.



## LGBTQ+ Mindfulness Gathering: Sukkot Edition with Aviva Chernick

Thursday, October 5 7:30 PM

Join Aviva Chernick for an LGBTQ+ community mindfulness gathering, in silence, in reflection, in song and ... in the Sukkah, with soup and tea to keep us warm. No previous meditation experience required. Any text shared will be translated and transliterated. Please dress warmly.

We are grateful to all allies but ask that this event be for the LGBTQ+ community only.

Watch for registration information coming soon



## 20s and 30s Shabbat Dinner: Confronting Homelessness

Friday, October 6 6:00 PM

Join Beth Tzedec 20s and 30s for a musical Shabbat at the Floor service followed by a *Shevat Minim*/Seven Species catered Shabbat dinner.

As the sukkah reminds us of our vulnerability and creates the space for expressing gratitude for comforts, we will meet in the Sukkah to build community, celebrate Shemini Atzeret, explore the housing crisis and learn about actions we can take.

Cost: \$21 for Beth Tzedec members; \$25 for the community. Pre-registration is required by Monday, October 2 at 11:00 AM via <https://bit.ly/44RXsto>.





### Teddy Bears Simchat Torah for Families

Saturday evening, October 7

6:00 to 7:30 PM

At Beth Tzedec, we believe strongly that you shouldn't miss the fun because of bedtime, and we don't discriminate against the stuffed!

Join us for dinner and let's celebrate with Torah lovers ages five and under, with their favourite stuffed buddies ... and the grown-ups who love them, too.

Watch for registration information coming soon.



### Simchat Torah Hakafot and Dancing Saturday night, October 7

Come Hug A Torah!

Let's celebrate Simchat Torah with Hakafot and dancing at Beth Tzedec.

- Candy Bar
- Drinks Bar
- Dessert spread
- For all ages
- Dress code: Torah dancing casual

Everyone is welcome. Pre-registration is not required!



### Torah Luncheon honouring Jeffrey Gertner and Gella Rothstein Sunday, October 8

Join us as we gather for Simchat Torah Services honouring our Hattan Torah **Jeffrey Gertner** and our Kallat Bereisheet **Gella Rothstein**.

Following an uplifting Service, we'll gather in our beautiful Orenstein Mezzanine Hall for a delicious catered luncheon where we can reconnect with friends, neighbours and fellow congregants while celebrating with the Gertner and Rothstein families.

Cost for lunch: \$48 for adults; \$28 children (ages 13 and under). Pre-registration is required by Monday, October 2. To reserve, visit <https://bit.ly/simhat-torah-lunch-2023>.



### Simchat Torah: You Get an Aliyah!

Sunday, October 8 10:00 AM during the Sanctuary Service

And you get an aliyah! And you get an aliyah, too! That's right, everyone—and we do mean everyone—gets the chance to be honoured with an aliyah. Even the kids!

(Psst, we've got a special secret project for them—and a special place of honour at the end you won't want to miss!) Plus all the Simchat Torah special parts that make this the most unique service of the year!

For information or to register, email Penina at [phoffnung@beth-tzedec.org](mailto:phoffnung@beth-tzedec.org).



*The Beth Tzedec Sukkah has been donated in memory of Sam & Minnie Sitzer.*

*Many of the decorations were provided by the Greenspan Family.*

# Celebrating Our Simḥat Torah Honourees

On Sunday, October 8, join us at Beth Tzedec as we celebrate our Simḥat Torah honourees Jeffrey Gertner and Gella Rothstein who have demonstrated an outstanding dedication to our Congregation and the community.

## Jeffrey Gertner



Jeffrey Gertner has been a member of Beth Tzedec since 1956 and attended the Beth Tzedec Congregational School.

Jeffrey attended Bentley University in Waltham Mass., where he met his wife Jane. They married in 1975 and raised two wonderful daughters Erin and Amanda.

Upon graduation, Jeffrey worked in the mortgage business for many years before joining his father in the family apparel business. In 2000 Jeffrey moved on to the liquidation business until retiring in 2014.

A longtime Beth Tzedec member, it was while mourning the passing of his father in 2005 that his bond with the synagogue grew. The warmth of fellow members and clergy led Jeffrey to attend services regularly and search for ways to contribute to the shul he had called home for so long.

Jeffrey joined the Finance Committee in 2009, where he spent the next 13 years working with a dedicated group of experienced

Congregation members, helping to provide guidance and expertise to the leadership to help set priorities for the shul.

In 2018, he realized he preferred attending shul on Saturday mornings rather than a regular round of golf, sealing that commitment by joining the Ushering Committee. Jeffrey worked with the shul leadership and Spiritual Leadership to create the Family Shabbat Dinners program, engaging directly with the shul's young families.

Jeffrey became chair of the Ushering Committee in 2022 and also joined the Ritual Committee. Every Shabbat, he welcomes congregants and guests to our Beth Tzedec community alongside members of the Ushering and the Ritual Committees as well as senior staff and leadership, with the hope that the warm welcome he received in the past from others led him to become more involved in our shul lights a similar flame in others.

## Gella Rothstein



Gella's roots at Beth Tzedec go back to 1953 when she was part of the first group of Bar/Bat Mitzvah students (and the only female at that time) to study with

Cantor Akiva Bernstein in the newly opened school building.

As the Sanctuary was not completed and dedicated until December 1955, her Bat Mitzvah took place at Goel Tzedec, one of the two founding synagogues.

An early graduate of the Beth Tzedec Religious School, Gella's personal life continued to be intimately involved with the shul. Her marriage to Paul in 1960 took place at Beth Tzedec. All four of their children attended USDS (now Robbins Hebrew Academy) and they, as well, were all married at the synagogue. Her father, J. Barney Goldhar, was a member of the founding Board and the Chair at one time. Paul was President in 1980 to 1982 and, more recently, their eldest daughter Debbie was also President.

In the mid-1970s with all four children in school, it was opportune to volunteer in the adjacent Beth Tzedec Museum where Gella assisted in the organization and cataloguing of the recently acquired Cecil Roth Collection. Along with Elaine Glassman, she was responsible for the displays in the wall cases and special exhibits.

By the 1980s, Gella's volunteering expanded into the broader Jewish community. In 1983, she was the Women's Campaign Chair for the United Jewish Appeal of Toronto and in 1987 to 1989, the National Chair of the United Israel Appeal, Women's Division. In 1984 she co-chaired the Toronto Host Committee for the North American General Assembly of the Council of Jewish Federations which brought together 3,000 delegates and 1,200 volunteers. She was an officer of the Jewish Federation of Toronto as well as chair of the Endowment Fund Women's Financial Seminars. Gella also co-chaired the development and launch of the popular "Book of Life" program for Federation.

By the 1990s, professional life called and Gella became the Director of the Baycrest Centre Women's Auxiliary and a member of the Foundation's management team from 1991 to 1995. A chance shopping excursion with Debbie led to Gella's purchase in 1996 of Dover Imports, a wholesale company servicing the interior design trade with imported furniture and accessories from the Far East. Gella's interest in China was rooted in her three years of Chinese Studies classes for her Bachelor of Arts degree from U of T. The business trips proved memorable and enlightening beyond the commerce in which she expected to be engaged. In 2008, the business closed and retirement began. A return to

volunteering was natural for someone who enjoys being engaged and contributing. In 2012, Gella resumed working in the Beth Tzedec Reuben and Helene Dennis Museum and has been the Chair and Co-chair since 2016, responsible for all the displays and exhibits in the Museum and around the shul. She was instrumental in researching and coordinating two well received exhibits—"From Latkes to Laffas", celebrating the history of Toronto's Jewish restaurants, and a "Zap!Pow!Oy! Jews and the Comic Book Industry". In 2015, she was a member of the Congregation's 60<sup>th</sup> Anniversary Committee, responsible for exhibits, and she assisted in the production of the commemorative book *The*

*History of Beth Tzedec Congregation*, sourcing all the images.

With the pending renovations to the Museum space, Gella continues to sit on the Building Committee. She and Ilona Feldman have been responsible for overseeing the design and production of the shul's new *huppah* and the new moveable *Aron Kodesh*, the refurbishment of the Bridal Room as well as the current rejuvenation of the Chapel.

In September, Gella and Paul will be married 63 good years. They are blessed with a close and loving family of four awesome children with spouses as equally cherished and nine terrific grandchildren.

## Beth Tzedec's Annual Simhat Torah Luncheon



Join us in the stunning Mezzanine Banquet Hall as we honour our *Hattan Torah* **Jeffrey Gertner** and our *Kallat Bereisheet* **Gella Rothstein**.

**Sunday, October 8**  
**following Services**

Adults: \$45; Youth (ages 13 and under): \$28; Children under 4: Free

Reserve online at <https://bit.ly/simhat-torah-lunch-2023> or call 416-781-3511 by **Monday, October 2**. Limited space. Reserve Now!



# Patti's Honey Cake Recipe

This tried-and-true recipe has been a staple in my home for too many years to count. Everyone who tries it has said it's the yummiest and moistest honey cake they have ever tasted. I am certain it will become a favourite in your home as well!

*May every bite  
add a little  
sweetness to  
your New Year!*

## Ingredients

2  $\frac{3}{4}$  cups all-purpose flour  
2 tsp baking powder  
 $\frac{1}{2}$  tsp salt  
1 tsp ground cinnamon  
 $\frac{1}{2}$  tsp ground nutmeg  
 $\frac{1}{8}$  tsp ground cloves  
 $\frac{1}{8}$  tsp ground allspice

1 lb/2 cups liquid honey  
2 tbsp vegetable oil  
4 large eggs  
1 cup granulated sugar  
1 cup strong tea  
1 tsp baking soda  
 $\frac{1}{2}$  cup Sultana raisins (optional)  
 $\frac{1}{4}$  cup sliced almonds (optional)

## Directions

1. Preheat oven to 325 F
2. Boil honey in large sauce pan making sure to prevent it from overflowing. Let cool.
3. In a bowl, sift flour, salt, spices & baking powder and whisk together. Set aside
4. Dissolve baking soda in strong tea. Set aside.
5. In the bowl of a mixer, beat eggs until lemon coloured. Add oil and blend.
6. Add sugar gradually, and beat until thick.
7. Add cooled honey to combine.
8. Add tea & baking soda. Blend well.
9. Fold in dry ingredients.
10. If using raisins/nuts—add into  $\frac{1}{2}$  of dry ingredients to coat first before adding.
11. Pour batter into 3 greased loaf pans, a 10" tube pan or 16 mini foil pans.
12. Bake for one hour or until done.

## Notes:

1. Spray measuring cup with Pam/cooking spray so honey can slide out easily.
2. Scoop flour into measuring cup and level with a knife.
3. Break eggs into a bowl first and then add to batter.
4. Turn pans half way through for even baking.
5. If using raisins, always dredge in flour first so they won't sink into the batter.
6. After cooling, cakes can be wrapped and frozen for up to three months.





Michael Goodbaum

# Our Green Spaces

Apples and honey are synonymous with the first night of Rosh Hashanah. On the second night, it is traditional to eat *bikkurim* ‘new fruits’ and say a *shehecheyanu berakhah*. This got me thinking about celebrating with some local fruits—very local.

Less than a century ago, the area where Beth Tzedec Congregation sits was farmland. As the city expanded from downtown, Beth Tzedec helped to establish the Cedarvale neighbourhood as a place for Jewish families to live the suburban dream. As this all unfolded, there were still patches where remnants of those previously well-established fruit trees were left untouched. Eventually, as the area filled in and became denser, these remained an urban oasis. Alongside apple trees leftover from orchards, immigrants from around the world brought a wide variety of fruit trees to add to this

veritable garden! A wave of agrarian zeal helped provide much-needed shade and in the peak of summer, a delicious treat.


The City of Toronto produces 1.5 million pounds of edible fruit every year!


If you discover a plant and are unsure if it's edible, here's an excellent high-tech trick: you can check what plant it is from within the Photos app on your iPhone. In the app, swipe up on a photo you've taken of a plant for it to tell you which is a weed and which is a happy surprise! Send us your pictures of the local food finds near you to me at

[mgoodbaum@beth-tzedec.org](mailto:mgoodbaum@beth-tzedec.org)




Most of the berry trees that dot the Cedarvale/midtown area are not wild as many assume. Here is an incomplete list of some of the fruit trees you might see near Beth Tzedec!

Crab-apples	Rosehips	Red Mulberry	Black Mulberry	Service Berry	Black Raspberry	Thimbleberry	Sour Cherry	Fragrant Sumac
Leftover from the farm orchards	The fruit of the wild rose plant	A rare local endangered species	A delicious import from Europe	A high producing import	Wild berry found near ravines	A rare and hard to cultivate berry	An imported favorite for pie	A stunning red native fruit
These were often turned into cider which was distilled into apple-brandy	The rosehip is in the same family as crab-apple: they are both very high in Vitamin C!	The red mulberry only grows in Ontario in specific regions including parts of Toronto and the Niagara escarpment	These popular trees were planted throughout the area. Berry picking season begins when you see the distinctive berry stains on the sidewalk.	These hardy natives grow well near ravines: you might know them by the name Saskatoon Berry, the Cree name for the plant and origin of its namesake city.	Not only are these native to the area, they've also been planted here as part of a community project!	How lucky are we to have so many berries in Cedarvale park? These resemble a raspberry with a different flatter shape.	Sour cherries are bright red. Since they're smaller than most farmed cherries some people are unaware that they are also edible.	The fragrant sumac tree is native to Toronto and literally everywhere! The berries are picked and dried where they provide an exceptional source of vitamin C throughout the year.
You can make crab-apple jelly by cooking them with sugar. Probably a bit too sour to enjoy with honey!	Tasting like cranberry, these tart fruits make a flavorful addition to crab-apple jelly.	They're great used in bumbleberry pie and fruit crumble.	Tasting a lot like blackberries, they're best when they first ripen and are still tart.	Wait until fully ripe and enjoy these berries any which way—a treat in pancakes.	Very similar to blue raspberry, these ripen to dark and are loaded with flavour.	Thimbleberries can fit onto your finger like thimbles: perfect for eating them off!	Bake them in a pie but be prepared to add lots of sugar!	Sumac berry is the key ingredient in the popular Za'atar! Use it as a substitute for lemon.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>September 2023 / Elul 5784</b>						
17 ELUL 8:45am Shoharit 7:00pm Minhah-Maariv	18 ELUL <b>LABOUR DAY</b> 8:45am Shoharit 7:00pm Minhah-Maariv	19 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	20 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	21 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	22 ELUL 7:30am Shoharit 6:00pm Kabbalat Shabbat 7:00pm Pre Rosh Hashanah Community Dinner 7:24pm Candle Lighting	23 ELUL 9:30am Sanctuary Service 7:05pm Minhah/Seudah Shlishvee/Maariv 8:22pm Havdalah 10:30pm Selhot Evening Service
24 ELUL 8:45am Shoharit 10:00am Selhot via Boat on a Boat 1:00pm 2os and 3os Apple Picking 7:00pm Minhah-Maariv	25 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	26 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	27 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	28 ELUL 7:30am Shoharit 7:00pm Minhah-Maariv	29 ELUL <b>EREV ROSH HASHANAH</b> 7:30am Shoharit 6:00pm Minhah and Festival Maariv 7:11pm Candle Lighting Light 24hr candle before festival candles	1 TISHREI 8:30am Mezzanine Service 8:45am Sanctuary Service 9:30am Meditation Service 10:30am Short & Sweet Service 10:30am Family Service 6:55pm Minhah and Festival Maariv 8:10pm Candle Lighting from existing flame
2 TISHREI <b>ROSH HASHANAH DAY 2</b> 8:30am Mezzanine Service 8:45am Sanctuary Service 9:30am Meditation Service 10:30am Short & Sweet Service 10:30am Family Service 7:10pm Festival Minhah and Maariv 8:08pm Yom Tov concludes	3 TISHREI <b>FAST OF GADALYAH</b> 7:15am Selhot-Shoharit 7:00pm Minhah-Maariv 8:05pm Fast concludes	4 TISHREI 7:45am Selhot-Shoharit 7:00pm Minhah-Maariv 7:30pm Board of Directors Meeting	5 TISHREI 7:15am Selhot-Shoharit 7:00pm Minhah-Maariv 7:30pm Cinema Spectacular Sounds of the Golden Age of Cinema	6 TISHREI 7:15am Selhot-Shoharit 7:00pm Minhah-Maariv	7 TISHREI 7:15am Selhot-Shoharit 6:00pm Kabbalat Shabbat 6:58pm Candle Lighting	8 TISHREI <b>SHABBAT SHUVAH</b>  <b>Ha'ezinu</b> 9:00am Minyan of Learning 9:30am Little Minyan 9:30am Sanctuary Service 6:40pm Minhah/Seudah Shlishvee/Maariv 7:57pm Havdalah
9 TISHREI <b>KOL NIDREI</b> 8:45am Shoharit 2:00pm Early Minhah 6:55pm Sanctuary Service 6:55pm Mezzanine Service 6:55pm Short & Sweet Service 6:55pm Family Service 6:55pm Candle Lighting Light 24-hr candle before festival candles	10 TISHREI <b>YOM KIPPUR/YIZKOR</b> 9:00am Sanctuary Service 9:00am Mezzanine Service 10:30am Short & Sweet Service 10:30am Family Service 12:45am Meditation Service 4:45pm Minhah Service 6:25pm Neilah, Maariv, Havdalah and Shofar 7:52pm Fast concludes	11 TISHREI 7:30am Shoharit 6:50pm Minhah-Maariv	12 TISHREI 7:30am Shoharit 6:50pm Minhah-Maariv	13 TISHREI 7:30am Shoharit 6:50pm Minhah-Maariv 7:00pm The Making of a Super Suktah	14 TISHREI <b>EREV SUKKOT</b> 7:30am Shoharit 6:00pm Kabbalat Shabbat 6:46pm Candle Lighting Light 24hr candle before festival candles	15 TISHREI <b>SUKKOT</b> 9:00am Sanctuary Service 9:30am Shabbat Morning Fun 10:30am Short & Sweet Family Service 6:25pm Minhah/Seudah Shlishvee/Maariv 7:44pm Candle Lighting from existing flame
17 <b>17</b>	18 <b>18</b>	19 <b>19</b>	20 <b>20</b>	21 <b>21</b>	22 <b>22</b>	23 <b>23</b>
24 <b>24</b>	25 <b>25</b>	26 <b>26</b>	27 <b>27</b>	28 <b>28</b>	29 <b>29</b>	30 <b>30</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16 TISHREI</p> <p><b>1</b></p> <p><b>SUKKOT</b></p> <p>9:00am Sanctuary Service 7:00pm Festival Minhah and Maariv 7:42pm Yom Tov concludes 7:45pm Sukkot Song Circle</p>	<p>17 TISHREI</p> <p><b>2</b></p> <p><b>HOL HAMOED SUKKOT</b></p> <p><b>1<sup>st</sup> Intermediate Day</b></p> <p>7:15am Shabharit 6:35pm Minhah-Maariv</p>	<p>18 TISHREI</p> <p><b>3</b></p> <p><b>HOL HAMOED SUKKOT</b></p> <p><b>2<sup>nd</sup> Intermediate Day</b></p> <p>7:15am Shabharit 6:35pm Minhah-Maariv</p>	<p>19 TISHREI</p> <p><b>4</b></p> <p><b>HOL HAMOED SUKKOT</b></p> <p><b>3<sup>rd</sup> Intermediate Day</b></p> <p>7:15am Shabharit 6:35pm Minhah-Maariv 7:30pm BTUSY Lounge: Volunteering in the Sukkah 7:45pm Torah and Tree Pose</p>	<p>20 TISHREI</p> <p><b>5</b></p> <p><b>HOL HAMOED SUKKOT</b></p> <p><b>4<sup>th</sup> Intermediate Day</b></p> <p>7:15am Shabharit 6:35pm Minhah-Maariv 7:30pm An LGBTQ+ Mindfulness Sukkot</p>	<p>21 TISHREI</p> <p><b>6</b></p> <p><b>HOSHANA RABBAH</b></p> <p>7:15am Shabharit 6:00pm Shabbat at the Floor 6:33pm Candle Lighting Light 24-hr candle before festival candle 7:15pm 20s and 20s Shabbat Dinner</p>	<p>22 TISHREI</p> <p><b>7</b></p> <p><b>SHEMINI ATZERET</b></p> <p>9:00am Musical Participatory Service, incl. Yizkor 6:00pm Teddy Bears Simhat Torah 6:30pm Festival Minhah, Maariv and Hakafot 7:31pm Candle Lighting from existing flame</p>
<b>October 2023 / Tishrei 5784</b>						
<p>23 TISHREI</p> <p><b>8</b></p> <p><b>SIMCHAT TORAH</b></p> <p>9:00am Sanctuary Service 12:30pm Simhat Torah Luncheon 6:45pm Minhah-Maariv 7:30pm Yom Tov concludes</p>	<p>24 TISHREI</p> <p><b>9</b></p> <p><b>THANKSGIVING</b></p> <p>8:45am Shabharit 6:20pm Minhah-Maariv</p>	<p>25 TISHREI</p> <p><b>10</b></p> <p>7:30am Shabharit 6:20pm Minhah-Maariv</p>	<p>26 TISHREI</p> <p><b>11</b></p> <p>7:30am Shabharit 6:20pm Minhah-Maariv</p>	<p>27 TISHREI</p> <p><b>12</b></p> <p>7:30am Shabharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 6:20pm Minhah-Maariv</p>	<p>28 TISHREI</p> <p><b>13</b></p> <p>7:30am Shabharit 6:00pm Kabbalat Shabbat 6:21pm Candle Lighting</p>	<p>29 TISHREI</p> <p><b>14</b></p> <p><b>SHABBAT MEVARRIH</b></p> <p><b>Bereisheet</b></p> <p>9:00am Sanctuary Service 9:00am Minyan of Learning 9:30am Little Minyan 1:00pm Games Café 6:00pm Minhah/Sendah Shlishshey/Maariv 7:19pm Havdalah</p>
<p>30 TISHREI</p> <p><b>15</b></p> <p><b>ROSH HODESH HESHVAN</b></p> <p>8:45am Shabharit 1:00pm ECRUSY: Kick-Off Treeop Trekking 6:10pm Minhah-Maariv</p>	<p>1 HESHVAN</p> <p><b>16</b></p> <p><b>ROSH HODESH HESHVAN</b></p> <p>7:30am Shabharit 6:00pm Minhah-Maariv 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>2 HESHVAN</p> <p><b>17</b></p> <p>7:30am Shabharit 6:10pm Minhah-Maariv 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>3 HESHVAN</p> <p><b>18</b></p> <p>7:30am Shabharit 1:00pm Book &amp; Film Club 6:10pm Minhah-Maariv</p>	<p>4 HESHVAN</p> <p><b>19</b></p> <p>7:30am Shabharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 6:10pm Minhah-Maariv</p>	<p>5 HESHVAN</p> <p><b>20</b></p> <p>7:30am Shabharit 5:15pm Family Shabbat Dinner 6:00pm Kabbalat Shabbat 6:09pm Candle Lighting 7:15pm Peace of Mind Shabbat Dinner</p>	<p>6 HESHVAN</p> <p><b>21</b></p> <p><b>Noah</b></p> <p>9:00am Sanctuary Service 11:00am We Speak Your Language: Our Multilingual Shabbat 1:00pm Games Café 5:50pm Minhah/Sendah Shlishshey/Maariv 7:08pm Havdalah</p>
<p>7 HESHVAN</p> <p><b>22</b></p> <p>8:45am Shabharit 3:30pm Creature Comforts: The Blessing of the Animals 6:00pm Minhah-Maariv</p>	<p>8 HESHVAN</p> <p><b>23</b></p> <p>7:30am Shabharit 6:00pm Minhah-Maariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>9 HESHVAN</p> <p><b>24</b></p> <p>7:30am Shabharit 6:00pm Minhah-Maariv 7:30pm iEngage: Together and Apart—The Future of Jewish Peoplehood</p>	<p>10 HESHVAN</p> <p><b>25</b></p> <p>7:30am Shabharit 6:00pm Minhah-Maariv 7:00pm Lishma: Jewish Learning for 20s and 30s</p>	<p>11 HESHVAN</p> <p><b>26</b></p> <p>7:30am Shabharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 6:00pm Minhah-Maariv</p>	<p>12 HESHVAN</p> <p><b>27</b></p> <p>7:30am Shabharit 5:59pm Candle Lighting 6:00pm Kabbalat Shabbat</p>	<p>13 HESHVAN</p> <p><b>28</b></p> <p><b>Lekh Lekha</b></p> <p>9:00am Sanctuary Service 9:00am Minyan of Learning 9:30am Little Minyan 9:30am Talking Torah 5:40pm Minhah/Sendah Shlishshey/Maariv 6:57pm Havdalah</p>
<p>14 HESHVAN</p> <p><b>29</b></p> <p>8:00am BRCA Screening 8:45am Shabharit 5:50pm Minhah-Maariv</p>	<p>15 HESHVAN</p> <p><b>30</b></p> <p>7:30am Shabharit 5:50pm Minhah-Maariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>16 HESHVAN</p> <p><b>31</b></p> <p>7:30am Shabharit 5:50pm Minhah-Maariv</p>				
<b>USY FALL CONVENTION</b>						

Please refrain from wearing scented products like perfumes, colognes, moisturizers, hair products, etc. Scented products can cause migraines and asthma attacks.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>November 2023 / Heshvan 5784</b>						
<p>21 HESHVAN</p> <p><b>5</b></p> <p><b>DAYLIGHT SAVING ENDS</b></p> <p>8:45am Shaharit 12:30pm Bree-AH: Arts &amp; Pray/Play Lab 4:40pm Minhah-Ma'ariv</p>	<p>22 HESHVAN</p> <p><b>6</b></p> <p>7:30am Shaharit 4:40pm Minhah-Ma'ariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>23 HESHVAN</p> <p><b>7</b></p> <p>7:30am Shaharit 4:40pm Minhah-Ma'ariv</p>	<p>24 HESHVAN</p> <p><b>8</b></p> <p>7:30am Shaharit 1:00pm Book &amp; Film Club 4:40pm Minhah-Ma'ariv 7:00pm Lishma: Jewish Learning for 20s and 30s</p>	<p>25 HESHVAN</p> <p><b>9</b></p> <p>7:30am Shaharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 4:40pm Minhah-Ma'ariv</p>	<p>26 HESHVAN</p> <p><b>10</b></p> <p>7:30am Shaharit 12:30pm Torah Through a Mindfulness Lens 4:40pm Candle Lighting 6:00pm Kabbalat Shabbat</p>	<p>27 HESHVAN</p> <p><b>11</b></p> <p><b>SHABBAT MEVARKHM</b></p> <p> <b>Hayyei Sarah</b></p> <p>9:00am Musical Participatory Shabbat Service 4:20pm Minhah/Sendah Shlischeet/Ma'ariv 5:39pm Havdalah x:xxxpm An Evening with Alex Edelman</p>
<p>28 HESHVAN</p> <p><b>12</b></p> <p>8:45am Shaharit 12:30pm Bree-AH: Arts &amp; Pray/Play Lab 4:35pm Minhah-Ma'ariv</p>	<p>29 HESHVAN</p> <p><b>13</b></p> <p>7:30am Shaharit 4:35pm Minhah-Ma'ariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>1 KISLEV</p> <p><b>14</b></p> <p><b>ROSH HODESH KISLEV</b></p> <p>7:30am Shaharit 4:35pm Minhah-Ma'ariv</p>	<p>2 KISLEV</p> <p><b>15</b></p> <p>7:30am Shaharit 4:35pm Minhah-Ma'ariv 7:00pm Lishma: Jewish Learning for 20s and 30s</p>	<p>3 KISLEV</p> <p><b>16</b></p> <p>7:30am Shaharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 4:35pm Minhah-Ma'ariv</p>	<p>4 KISLEV</p> <p><b>17</b></p> <p>7:30am Shaharit 12:30pm Torah Through a Mindfulness Lens 4:33pm Family Shabbat Dinner 6:00pm Kabbalat Shabbat</p>	<p>5 KISLEV</p> <p><b>18</b></p> <p> <b>Toledot</b></p> <p>9:00am Sanctuary Service 9:00am Minyan of Learning 9:30am Little Minyan 4:15pm Minhah/Sendah Shlischeet/Ma'ariv 5:32pm Havdalah 8:30pm BITSY Mitzvot &amp; Marshmallows</p>
<p>6 KISLEV</p> <p><b>19</b></p> <p>8:45am Shaharit 12:30pm Bree-AH: Arts &amp; Pray/Play Lab 4:30pm Minhah-Ma'ariv</p>	<p>7 KISLEV</p> <p><b>20</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>8 KISLEV</p> <p><b>21</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:30pm Board of Directors Meeting</p>	<p>9 KISLEV</p> <p><b>22</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:00pm Lishma: Jewish Learning for 20s and 30s</p>	<p>10 KISLEV</p> <p><b>23</b></p> <p>7:30am Shaharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 4:30pm Minhah-Ma'ariv</p>	<p>11 KISLEV</p> <p><b>24</b></p> <p>7:30am Shaharit 12:30pm Torah Through a Mindfulness Lens 4:28pm Candle Lighting 6:00pm Kabbalat Shabbat</p>	<p>12 KISLEV</p> <p><b>25</b></p> <p> <b>Vayetzai</b></p> <p>9:00am Musical Participatory Shabbat Service 9:30am Talking Torah 1:00pm Games Café 4:10pm Minhah/Sendah Shlischeet/Ma'ariv 5:27pm Havdalah</p>
<p>13 KISLEV</p> <p><b>26</b></p> <p>8:45am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>14 KISLEV</p> <p><b>27</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:30pm Learn Talmud with Reb Steve 7:45pm Learn Hebrew with Lorne Hanick</p>	<p>15 KISLEV</p> <p><b>28</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>16 KISLEV</p> <p><b>29</b></p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:00pm Lishma: Jewish Learning for 20s and 30s</p>	<p>17 KISLEV</p> <p><b>30</b></p> <p>7:30am Shaharit 10:00am Torah Through the Ages 1:00pm Games Afternoons 4:30pm Minhah-Ma'ariv</p>	<b>INTER-CHAPTER GESHER/בְּנֵי מִיטְזְוֹהַּ שַׁבָּבָטוֹן</b>	



# IF IT'S ON YOUR MIND OUR BEST MINDS ARE ON IT



Tel Aviv University drives medical and scientific innovation.

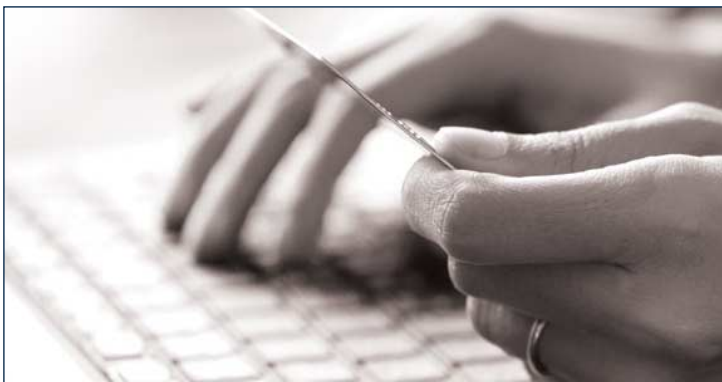
We invest in researchers, medical experts and students whose exceptional minds will change the world - one idea, one neuron and one discovery at a time.

**Research and Innovation in Neurology,  
Neuroscience and Mental Health.**

שנה טובה

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<https://brainovation.cftau.ca/>



## It's Time to Renew Your Membership

It's easier than ever for members to access, update and renew their membership online. Take a few moments to explore your member account at

<https://bethtzedectoronto.shulcloud.com>,

confirm your information and renew your commitment to Beth Tzedec.

For information, call Klara Romm at 416-781-3514 ext. 220.

Inspiring and Enabling Our Community  
to Live Meaningful Jewish Lives

Visit our website to view our values video.

# Care • Connect • Learn • Pray • Celebrate • Give & Get

These six core values represent the unified mosaic guiding the programs, services and events offered by Beth Tzedec that make our *kehillah* such a special and unique place.

## Care



### BTUSY Lounge: Volunteering in the Sukkah for Grades 9 to 12

Wednesday, October 4

7:30 to 9:00 PM

Join BTUSY teens for pizza dinner and volunteering in the Beth Tzedec Sukkah! Come shake the lulav and etrog, and celebrate the holiday with a special *hesed* project together!

No charge but pre-registration is required via <https://bit.ly/44RXsto>.



### Out of the Cold Volunteers

Beth Tzedec and Beth Sholom's OOTC program will resume at Beth Sholom in January to March. Volunteer recruitment will open in October. Watch for updates in Beth Tzedec's weekly newsletter.

## Connect



### Selihot via Boat on a Moat

(For families with children ages 12 and under)

Sunday, September 10

10:00 AM to 12:00 NOON

Selihot is a service traditionally held on the Saturday night before Rosh Hashanah, ushering in the most intense phase of pre-High Holy Days reflection. We're adapting the tradition to a more family-friendly format. It's our pre-High Holy Days experience for families with kids 12 and under—and we're holding it on Toronto Island! We have a picnic shelter where we'll have pre-High Holy Days activities, including a *Short & Sweet*-style service. Lunch will be kosher submarine sandwiches and the rest of the day is up to you! Using our shelter as your base, feel free to explore all of the great offerings at the park, including Centreville Amusement park, which will be open until 6:00 PM.

In the case of very inclement weather, this event will be held at Beth Tzedec. Be sure to watch the forecast and dress for the day! In case of weather cancellation, 50 percent of your fee will be returned.

Cost: \$22 for adults; \$12 for children; \$68 max. per family. Pre-registration is required by Tuesday, September 5. Register via <https://bit.ly/boat-on-moat-2023>.



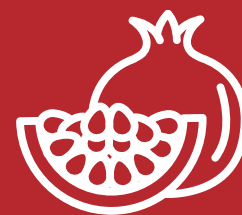
### 20s and 30s Apple Picking at Applewood Farm Winery

Sunday, September 10 1:00 PM

Let's celebrate the coming Rosh Hashanah at Applewood Farm Winery (12416 McCowan Rd., Whitchurch-Stouffville) for a light lunch and apple picking. We will meet at the Winery.

If you need a lift or can provide one, please indicate when registering.

Cost: \$10 (includes admission and lunch). Pick-your-own apples can be purchased at the orchard. Pre-registration is required by September 5 via <https://bit.ly/apple-picking-20s-and-30s>.



Visit our website to access our High Holy Day Guide.





### Games Afternoons

**Thursdays from 1:00 to 3:30 PM**

The Games (finally) begin! Join us for a social afternoon of Mah-Jong, Bridge and Canasta. For beginners and seasoned veterans alike.

Mahjong and Canasta lessons will be available soon. To arrange for lessons, please contact the Synagogue Office at 416-781-3511 or email [info@beth-tzedec.org](mailto:info@beth-tzedec.org).

**Cost: \$2 donation supporting our *Hesed* initiatives. For information, contact the Synagogue Office at 416-791-3511.**



### Shabbat Morning Fun

(For children ages 0 to 4, with a parent; and for kids ages 5 to 7 and ages 8 to 12)

**Saturday mornings 9:30 AM**

Join us for a children's Shabbat experience that builds Jewish knowledge and community.

We start with Shabbat play, and at 10:30 AM divide into our older group and younger group for *tefillah* (prayers) and an activity connected to the Torah portion. Following a snack and a program with our *shinshinim* or a guest, we return to our families and help lead the concluding prayers.

**This is a drop-in program; registration is not required. For more information, email Daniel Silverman at [dsilverman@beth-tzedec.org](mailto:dsilverman@beth-tzedec.org).**



### Torah and Tree Pose Series with Marcee Bar-Isaac and Rabbi Fryer Bodzin

**Wednesday evenings, October 4,  
November 1 and December 6**

**7:45 to 8:45 PM**

Join us for a brief Torah text study followed by yoga and moments of mindfulness and meditation. Please bring your own yoga mat and water.

**Cost: \$10 per session. Registration is required via <https://bit.ly/torah-tree-pose>.**

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING



### Shabbat Afternoon Games Café with Penina Hoffnung and Jody Wernick

**Every Shabbat afternoon,  
beginning on October 14**

**1:15 to 3:00 PM**

Every week in this time slot, featuring Shabbat-compliant board games for every age and level of interest—from pre-school, through serious Euro-game players—and including the introduction of the Shabbat afternoon Mahjong game with Jody Wernick!

Please note that Mahjong will begin in early November.

**Watch for registration information coming soon.**



### Family Shabbat Dinners Fridays, October 20

**5:15 to 7:00 PM**

Let's celebrate *Parashat Noah!*

Come together for some great programs for children as well as an abridged, family friendly Kabbalat Shabbat service and a delicious catered dinner. The evening will also feature a visit from the Toronto Wildlife Centre ... and folks dressed in animal prints will get first dibs on the dessert table!

### Upcoming Programs

November 17

December 15

January 19

**Cost for dinner: \$60/family for Beth Tzedec members; \$70/family for the community. Pre-registration is required by Monday, October 16 at 11:00 am. To register, visit <https://bit.ly/3P7W2VI>.**



**For candle-lighting and Service times, refer to our website calendar.**



### ECRUSY Kick-Off Event: Treetop Trekking

(For Grades 6 to 8 and Grades 9 to 12)

**Sunday, October 15**

**1:00 to 6:00 PM**

Join ECRUSY for the first local regional event of the year, treetop trekking! Participants can register for bus transportation leaving from and returning to Beth Tzedec. Note: Participants must be 55 inches tall.

**Cost for participation and for transportation from Beth Tzedec. Watch for information and links coming soon.**



### ECRUSY Inter-Chapter Fall Convention in Ottawa

(For teens in Grades 9 to 12)

**October 27 to 29, 2023**

Join teens from across Eastern Canada for an amazing Shabbaton in our nation's capital! Highlights include:

- Kabbalat Shabbat and dinner at Kehillat Beth Israel,
- Fun outing on Saturday night,
- Exploring Ottawa on Sunday, and
- Tons of fun with old and new friends.

Scholarships are available to offset the cost of this program.

**Watch for registration information and fees coming soon.**



### Torah Through a Mindfulness Lens with Aviva Chernick

**Fridays, November 3, 10, 17 & 24 and December 1 & 8**

**12:30 to 1:10 PM (via Zoom)**

Join Aviva Chernick for this meditation series engaging with the weekly Torah as a source of inspiration. We will approach the Torah portions through a mindfulness lens, discovering how Torah can be a teacher for us, towards open hearted and awakened living. This is an introductory meditation course and all levels of experience in both meditation and Torah are welcome.

**No charge. Registration is required via <https://bit.ly/mindfulness-lens-zoom>.**

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING

## FAMILY SHABBAT DINNER

**Friday, October 20 from 5:15 to 7:00 PM**

**Let's celebrate Parashat Noah!**

Come together for some great programs for children as well as an abridged, family friendly Kabbalat Shabbat service and a delicious catered dinner. The evening will also feature a visit from the Toronto Wildlife Centre ... and folks dressed in animal prints will get first dibs on the dessert table!

**Cost for dinner: \$60/family for Beth Tzedec members; \$70/family for the community. Pre-registration is required by Monday, October 16 at 11:00 am. To register, visit <https://bit.ly/3P7WzVI>.**



### 20s and 30s Shabbat Dinner

**Friday, November 3**

**Services: 6:00 PM; Dinner 7:15 PM**

Join Beth Tzedec 20s and 30s for a musical Shabbat at the Floor service followed by a Shabbat dinner catered by Apex Kosher. We will be joined by Cantor Audrey Klein, Beth Tzedec's Director of Family and Young Adult Engagement.

**Cost: \$21 for Beth Tzedec members; \$25 for the community. Reservations are required by Monday, October 30 at 11:00 AM. To reserve, visit <https://bit.ly/47VIG6C> or call 416-781-3511**



### Shabbat Teen Basketball

(For teens in Grades 7 to 12)

**Saturdays, October 14, November 11 and December 16**

**1:00 to 3:00 PM**

Come play basketball on Shabbat once a month with other Jewish teens in the Kimel Family Gym!

**This is a drop-in program; registration is not required. For information, email Penina at [phoffnung@beth-tzedec.org](mailto:phoffnung@beth-tzedec.org).**



### Bree-AH: The Arts & Pray/Play Lab with Aviva Chernick

**Sundays, November 5, 12 & 19**  
**10:00 AM to 12:00 NOON**

Spiritual leader and artist Aviva Chernick returns with a new series of “Bree-AH: The Arts and Pray/Play Lab”! Join Aviva for this morning service that integrates an arts-based, response to prayer. Using simple, repeated melodies, silence, movement and artistic media, explore the gratitude and praise of some of the morning prayers.

**Pre-registration is required. To register, visit <https://bit.ly/47A4eFL>**

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING



### Inter-Chapter Geshher/B’nei Mitzvah Shabbaton in Kingston

(For Grades 6 to 8 and the Beth Tzedec BBMP)

**November 24 & 25, 2023**

Join friends from Beth Tzedec and other synagogues from across Eastern Canada for a special one-night Shabbaton in Kingston with a programming track for Beth Tzedec’s Bar/Bat Mitzvah Program participants! Enjoy a special Shabbat filled with *ruah* (spirit), fun programs, a Saturday night activity, and friends from Toronto, Ottawa, Kingston, London, Montreal, Hamilton, and more.

**Watch for registration information and fees coming soon.**

PRESENTED IN PARTNERSHIP BY BETH TZEDEC CONGREGATION AND ECRUSY

## Learn



### Talking Torah with Daniel Silverman

**Every Shabbat morning 9:30 AM**

Take a fresh look at the weekly Haftarah with traditional and modern interpretations of the weekly reading. Intellectually stimulating and challenging.

**No charge. For more information, email Daniel Silverman at [dsilverman@beth-tzedec.org](mailto:dsilverman@beth-tzedec.org).**

## Beth Tzedec Generations Membership

Our FREE membership for those under 40.

**בית צדק**  
Beth Tzedec Congregation

For information about membership, contact Klara at 416-781-3514, ext. 220 or [kromm@beth-tzedec.org](mailto:kromm@beth-tzedec.org).



### Torah Through the Ages with *Rabbi Fryer Bodzin*

Thursday mornings at 10:00 AM  
beginning October 11

Rabbi Fryer Bodzin leads an in-depth look at the book of Deuteronomy/*Sefer Devarim* with traditional and modern commentaries. Having an *Etz Chaim humash* on hand will be beneficial; other materials will be provided.

No charge. Registration is required to access the Zoom link via <https://bit.ly/torah-through-ages-2023>.

THE INSTITUTE FOR JEWISH LEARNING IN MEMORY OF ANNE AND MAX TANENBAUM

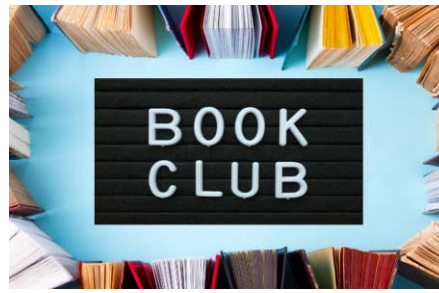


### Learn Hebrew with *Lorne Hanick* Begins Monday, October 23

7:45 to 8:45 PM

Ritual Director Lorne Hanick leads a course in Hebrew reading for beginners and near-beginners who want to learn to read with fluency. Upon completion, students will be comfortable reading Hebrew at synagogue services and following the Torah reading. The emphasis will be on reading fluency but attention will also be paid to the vocabulary and grammar in the primer.

No charge. Registration is required via <https://bit.ly/44n1Iri>.



### Beth Tzedec Book and Film Club Wednesdays, October 18 and November 8 & 29

1:30 to 3:00 PM

Join us for the return of our in-person Book and Film Club. Each session is preceded by lunch and time to connect with fellow literature aficionados.

Book selections and session reviewers will be confirmed in coming weeks. Check the Beth Tzedec website and weekly newsletters for updates.



### Learn Talmud with *Reb Steve* Begins Monday, October 23

7:30 to 8:30 PM (via Zoom)

One of Judaism's greatest strengths is its affinity for diverse opinions and the debate, for the "sake of Heaven" to implement God's will in our lives. The Talmud is the source from which this affinity for debate and the code of Jewish *halakhah* (law) is derived. In our lessons, we will focus on *Masekhet Megillah*, Purim and all that concerns Esther HaMalka.

For many, the study of Talmud can seem overwhelming. We will learn at a slow and deliberate pace, sequentially studying a single page of Talmud throughout the week.

No charge. Registration is required via <https://bit.ly/3P6mHCm>.



### iEngage: Together and Apart— The Future of Jewish Peoplehood with *Rabbi Steven Wernick*

Tuesday, October 24, then continuing  
Thursdays, December 14, January 25,  
February 29, March 14, April 25, May  
23 and June 20

7:30 to 8:30 PM (via Zoom)

Our newest iEngage video curriculum explores one of the most pressing issues facing the Jewish world today—how we move from being a people with no permanent home to one with two permanent homes.

Through video lectures, interviews and textual sources, this 14-unit course addresses the complex features of Jewish peoplehood and the contemporary challenges to the Jewish people in an era in which we have moved from having no home to having two different, vibrant, homes in Israel and in North America.

The curriculum examines the forces dividing the Jewish people today, including nationalism, antisemitism, dual-loyalty, and identity politics; and it imagines new conceptual frameworks that can help sustain and grow the story of our people for a new millennium.

Cost for series: \$25. Registration is required via <https://bit.ly/iengage-together-apart-2023>.

PRESENTED IN PARTNERSHIP WITH THE SHALOM HARTMAN INSTITUTE



### Lishma: Jewish Learning Project for 20s and 30s

Wednesdays, October 25 and November 1, 8, 15, 22 & 29

7:00 to 9:00 PM

Lishma: Jewish Learning Project brings together a community of learners in their 20s & 30s who are excited to share their desire for greater Jewish engagement, are willing to ask questions of our tradition and want to explore how it informs our lives today.

For information about fees and course options in each semester, visit [www.lishma.ca](http://www.lishma.ca).

# Pray



### Weekday Shaḥarit Services

Sunday mornings at 8:45 AM  
Weekday mornings at 7:30 AM

Begin your day with Beth Tzedec's morning minyan, either in person or virtually on Zoom:

Sundays: <https://zoom.us/j/894447868>

Weekdays: <https://zoom.us/j/733141765>

You can also join by phone. Visit [www.beth-tzedec.org](http://www.beth-tzedec.org) for the phone numbers and meeting IDs.



### Kabbalat Shabbat and Ma'ariv

Every Friday evening at 6:00 PM

Prepare your spirit for Shabbat with song, comfort and community at our Kabbalat Shabbat and Ma'ariv services, either in person in the Hendeles Chapel and livestreamed via <https://bethtzedec.tv>.



### Shabbat at the Floor Services

Fridays, September 1, October 6 and November 3 at 6:00 PM

Shabbat at the Floor is a welcoming, inclusive, musical, connected, caring and relevant monthly Kabbalat Shabbat experience. It's not just another service, we choose music intentionally to represent diverse Jewish voices, identities and life stories—some familiar, others new.

Prepare to be moved and inspired. The Shabbat at the Floor services are offered in person and livestreamed via <https://bethtzedec.tv>.

For a taste of our Shabbat at the Floor services, please visit <https://www.youtube.com/watch?v=7ux-jyabh4Q>.



### Weekday Minhah-Ma'ariv Services

Every Sunday to Thursday evening; check website for times

At the end of the day, join us in person in the Hendeles Chapel or on Zoom for our evening services via <https://zoom.us/j/668598809>.

You can also join by phone only by calling 647-374-4685 and inputting the meeting ID 668-598-809.

Making a Minyan  
WhatsApp Group

Join Our WhatsApp Group and Help Us Make a Minyan

Do you live in the shul neighbourhood? Please join our new WhatsApp Minyan Group to help us ensure a minyan when we are short. Once a week, once a month—it's really up to you!

It's easy to join. Visit: <https://chat.whatsapp.com/BRAp2cnFntc3rapgZYcWoJ> to join the WhatsApp Minyan distribution list.



### Minḥah-Seudah Shlisheet-Ma'ariv

Every Saturday evening;  
check website for times

Join us for *Minḥah* followed by *Seudah Shlisheet* (the third Sabbath meal) and Torah study. We will then return to the Chapel for *Ma'ariv* and *Havdalah* following.

This Service is offered in-person only.



### Shabbat Sanctuary Services

Saturday mornings at 9:30 AM  
(until September 23)

**NEW: Beginning, September 30 9:00 AM**

Our Shabbat Service offers the energy and inspiration of a complete spiritual and liturgical Shabbat experience as you sing along with Cantor Sidney Ezer. Rabbi Steven Wernick and Rabbi Robyn Fryer Bodzin offer insights into our Torah reading, expertly chanted by ritual director Lorne Hanick. Lift your soul in prayer as you sing with us or close your eyes in meditation and be carried away by the magnificent harmonic sounds of the service.

Beginning Saturday, September 30, our Shabbat morning Sanctuary Services will begin at 9:00 AM.

Services are offered for in person *daveners* and are livestreamed via <https://www.bethtzedec.tv>.



### Little Minyan Service

September 9 & 23, October 14 & 28  
and November 4 & 18 at 9:30 AM

For those looking to be more actively involved in the worship experience, the Little Minyan offers a traditional service in a welcoming, relaxed atmosphere. Participants lead portions of the service, read Torah and Haftarah and share Torah insights. Torah readers, *daveners* and those wishing to give a *D'var Torah* are always welcome and are offered skills, support and encouragement. Come to participate or simply to experience a Shabbat service full of song, spirit and warmth. Prior to each Little Minyan Service, join Rabbi Fryer Bodzin for "Little Minyan Learning" and engage your mind before we engage our souls with *Tefillah*.



### Musical Participatory Services

Saturdays, October 7 & 28 and  
November 11 & 25 at 9:30 AM

Join us for a musical service led by Cantor Sidney Ezer, Asher Farber and The HarmonEzers as they introduce new melodies and revive older and familiar ones in a way that will be sure to get our toes tapping and our voices singing in harmony. Services are offered in person and livestreamed via <https://bethtzedec.tv>.



### Short & Sweet Family Service

Saturdays, September 30 and  
November 4 at 10:30 AM

Our monthly Short & Sweet Multi-Generational Family Service offers a lively, engaging prayer service incorporating the participation of the children, teens and families in attendance, followed by a community dairy luncheon.

This Service is offered for in-person participation only.

No charge. For information, contact Daniel Silverman at [dsilverman@beth-tzedec.org](mailto:dsilverman@beth-tzedec.org).



### We Speak Your Language: A Multilingual Shabbat Discussion

Saturday, October 21 at 11:00 AM

This week's *parashah* tells how the people of the world came to speak so many languages—and so do we at Beth Tzedec—let's celebrate our linguistic diversity! Then for the Kiddush, we'll have tables set up for discussing an intriguing open question posed by the rabbis—in your language of origin or love.

No charge. For information, contact Penina Hoffnung at [phoffnung@beth-tzedec.org](mailto:phoffnung@beth-tzedec.org).





## Creature Comforts: The Blessing of the Animals

Sunday, October 22

3:30 to 5:00 PM

Let's celebrate with our fur-family! Join us at the dog park in Cedarvale Park to mark the special place that our pets have in our hearts.

In the event of rain, this event will be held at Beth Tzedec.

No charge. Watch for registration links coming soon.



## A Shabbat of Remembrance Musical Participatory Service

Saturday, November 11 at 9:00 AM

As part of our morning experience with **Rabbi Steven Wernick**, **Rabbi Fryer Bodzin** and ritual director **Lorne Hanick**, **Cantor Sidney Ezer**, **Asher Farber** and **The HarmonEzers** lead morning services as we reflect and remember through music and prayer. Explore melodies and themes intrinsically linked to Remembrance Day that remind us of loss and sacrifice, and yet inspire us towards hope, life, love and peace.

Services are offered for in person *daveners* and livestreamed via <https://bethzedec.tv>.

# Celebrate



## A Pre-Rosh Hashanah Community Dinner

Services 6:00 PM | Dinner 7:15 PM

Join us at Beth Tzedec as we gather to celebrate the coming High Holy Days with an inspiring and meaningful Kabbalat Shabbat Service followed by a delicious catered dinner with special guests, Cantor Moshe Fishel, Meir Briskman and the Lishmoa El Harina ensemble. Let's enjoy this time together as a community and reconnect with our Beth Tzedec friends and family.

Cost: \$48 for adults; \$28 for children. Reservations are required by Monday, September 1 at 11:00 AM. To reserve, visit <https://bit.ly/rosh-hashanah-community-dinner> or call 416-781-3511.



## Simhat Torah Luncheon honouring Jeffrey Gertner and Gella Rothstein

Sunday, October 8

Join us as we gather for Simhat Torah Services honouring our *Hattan Torah* **Jeffrey Gertner** and our *Kallat Bereisheet* **Gella Rothstein**.

Following an uplifting Service, we'll gather for a delicious luncheon where we can celebrate with the Gertner and Rothstein families.

Cost for lunch: \$48 for adults; \$28 children (ages 13 and under). Pre-registration is required by Monday, October 2. To reserve, visit <https://bit.ly/simhat-torah-lunch-2023>.

# Give & Get



## BTUSY Marshmallow and Mitzvot

Saturday evening, November 18

8:30 to 9:00 PM  
Join other Jewish teens for a night of by the fire pit roasting marshmallows and volunteering outdoors!

No charge but pre-registration is required via <https://bit.ly/marshmallows-mitzvot> or call the Synagogue office at 416-781-3511.



## Shabbat Dinner with Peace of Mind

Friday, October 20

Services: 6:00 PM; Dinner 7:15 PM

Through the international Peace of Mind program, Beth Tzedec has the privilege of honouring a special unit of discharged Israeli elite combat soldiers as part of our Israel Action initiatives. Join us for a Kabbalat Shabbat service followed by a delicious catered dinner in their honour.

Cost: \$48 for adults; \$28 for children. Reservations are required by Monday, October 16 at 11:00 AM. To reserve, visit <https://bit.ly/peace-of-mind-2023> or call 416-781-3511.



# Welcome David Shapero

Beth Tzedec is honoured to introduce the newest member to our team.

We are very glad to announce that **David Shapero** has been engaged as Beth Tzedec Memorial Park's Cemetery General Manager.

David will have responsibility for the overall business and operational leadership of the cemetery. In this position, he will supervise all aspects including staff and volunteers, finances and the maintenance and development of the facilities.

David comes to Beth Tzedec with diverse professional experience in Canada and Israel, where he lived for ten years. He holds a BA in Economics and an MBA in Strategy and worked in various capacities in e-commerce, broadcast television, testing and

certification and hospitality.

As an empathetic, analytical thinker, David looks forward to the challenges and opportunities at Beth Tzedec Memorial Park.

A native Torontonionian, David lives in Toronto with his Israeli wife and two young boys, who take up most of his time outside work. He has a strong passion for Israel, travel, great food, sports, music, and just about anything outdoors.

David looks forward to joining the tremendous team at Beth Tzedec, an institution he has known well since early childhood.

You can contact David by phone at 416-665-3036 or by email at [dshapero@beth-tzedec.org](mailto:dshapero@beth-tzedec.org).

## Wave Hello to Sukkot!

Participate in the mitzvah of shaking the lulav and etrog!  
Order your families set at Beth Tzedec.

The cost is \$50 per set, \$8 per holder. Deadline for orders is **September 14**.

For information or to order a lulav set, please complete the form via <https://bit.ly/lulav-order-2023>, or contact the Synagogue Office at 416-781-3511.





Debbie Rothstein

# Sulam: Emerging Leaders

Leadership development is the lifeblood of all organizations. In that spirit, and with an influx of members under 40 through the Generations Membership initiative, Yacov Fruchter and I assembled a group of nine members, both new and old, under the age of 50 to participate in USCJ's Emerging Leaders program. The program provides an opportunity to learn new leadership skills, increase self-awareness, deepen Jewish knowledge and, most importantly, strengthen a sense of connection and community.

Building on what we've learned from our Small Groups initiative, each session began with a meal, allowing us to schmooze and get to know each other better through relational moments.

Over the course of seven sessions, we engaged in Jewish text study, facilitated conversations and connected through personal stories and insights. We

learned from the teachings of Hillel, the stories of Abraham and Moses, but most importantly, we learned from each other.

I can honestly say that this was one of the most impactful programs I have had the honour to take part in at Beth Tzedec. I believe I can speak for Yacov when I say that we learned as much from the participants as they did from us. In our last session, we all shared one thing that we feel blessed and grateful for. For me, it was most definitely the opportunity to be the "elder" in a group of dynamic and thoughtful future leaders!

It is our intention to run the Emerging Leaders program twice a year, with the next cohort beginning after the *hagim*. If you or someone you know is interested in participating in upcoming sessions, please reach out to me or to Yacov at [yfruchter@beth-tzedec.org](mailto:yfruchter@beth-tzedec.org).

—Debbie Rothstein



# Selihot via a Boat on a Moat

for Families with kids 12 and under

**Sunday, September 10 at 10:00 AM**

Selihot is a service traditionally held on the Saturday night before Rosh Hashanah, ushering in the most intense phase of pre-High Holy Days reflection. We're adapting the tradition to a more family-friendly format with our pre-High Holy Days experience—and we're holding it on Toronto Island! We've got our own picnic shelter for our pre-High Holy Days activities, including a Short & Sweet-style service. Lunch will be kosher submarine sandwiches. The rest of the day is up to you—using our shelter as your base, feel explore all of the great offerings at the park.

**Cost: \$22 adults; \$12 kids; Maximum \$68 per family.  
Register at <https://bit.ly/boat-on-moat-2023>.**



## Beth Tzedec recognizes the importance of families sharing Jewish experiences together

We've introduced no-fee membership for our under-40's and are creating programming that is meaningful and enjoyable for the whole family—children, parents and grandparents.

**Continue your traditions and make new ones at Beth Tzedec.**



For information about membership, contact Klara at 416-781-3514, ext. 220 or [kromm@beth-tzedec.org](mailto:kromm@beth-tzedec.org).

# Men's Club Makes a Difference



## Yom Hashoah Candle Program

The Beth Tzedec Men's Club and our Congregation extend a mazel tov and a hearty yasher koah to our teen volunteers and staff who were instrumental in helping with the delivery of Yom Hashoah candles to our membership. The Men's Club is proud to spearhead this annual initiative with a new generation of volunteers.

## Teen Volunteers

Coby Abrams  
Mika Barg  
Eitan Devlin  
Yael Franko  
Ethan Gordon  
Maia Heyman  
Simon Katz  
Ryan Lapedus  
Mikey Orzech  
Erin Sator

## Staff Leaders

Penina Hoffnung  
Sylvie Moscovitz Librach

## Men's Club Scholarship Program

The Beth Tzedec Men's Club is pleased to sponsor our long standing scholarship program to assist young men and women who are pursuing programs of higher Jewish education.

A number of funds are available, and the deadline for submissions is **April 15, 2024.**

To view the criteria for each scholarship or to access the application form, visit

<https://bit.ly/scholarships-2024>.

## NOW ... MORE THAN EVER ... BETH TZEDEC NEEDS A STRONG MEN'S CLUB

For only \$36, Men's Club Contribution gives you

- A Personalized Plastic 3-Year Membership Card & Jewish Holiday Calendar
- Preferred Seating at Selected Men's Club Sponsored Events
- Benefits from National Men's Club Federation
- FREE Dinner with Fellow Men's Club Board Members



## Greetings from Sisterhood

The Beth Tzedec Sisterhood wishes everyone a healthy and happy new year

For information about the Sisterhood, please contact Ruthann Lubin or Rhoda Salama through the Synagogue office at 416-781-3511 or

[info@beth-tzedec.org](mailto:info@beth-tzedec.org).

A vibrant poster for a Selihot service. The background is dark with colorful, glowing wavy lines in shades of purple, blue, and yellow. Hebrew text is scattered across the top and right sides. The main title 'Va'ani Tefilati:' is written in a large, white, stylized font. Below it, 'COMMUNITY SELIHOT SERVICE' is written in a smaller, white, sans-serif font. The date and time 'Saturday, September 9 AT 10:30 PM' are in a bold, pink font. The bottom section contains details about the service in white text.

# Va'ani Tefilati:

## COMMUNITY SELIHOT SERVICE

**Saturday, September 9 AT 10:30 PM**

Join us for an inspiring musical Selihot service focusing on the theme of Va'ani Tefilati. Featuring Cantor Sidney Ezer, Cantor David Edwards, and Cantor Jeremy Burko, accompanied on piano by Asher Farber, with insightful readings and *kavanot* by Rabbi Steven Wernick and Rabbi Louis Sachs. A dessert reception follows. Then at midnight, the Gates open!

This program will be offered for both in-person and online participation. There is no charge but pre-registration is required. To register for in-person or virtual participation, visit: [bethzedecoronto.shulcloud.com/form/community-selihot-service-2023.html](https://bethzedecoronto.shulcloud.com/form/community-selihot-service-2023.html).

## Games Afternoons

**Thursdays from 1:00 to 3:30 PM**  
**beginning Thursday, October 12**

### The Games (finally) Begin!

Join us for a social afternoon of Mahjong, Bridge and Canasta. For beginners and seasoned veterans alike.

Mahjong and Canasta lessons will be available soon. To arrange for lessons, please contact the Synagogue Office at 416-781-3511 or email [info@beth-tzedec.org](mailto:info@beth-tzedec.org).

**Cost: \$2 donation supporting our *Hesed* initiatives.**



Maureen Tanz

# Hesed Report

## Out of the Cold Program Returns

Out of the Cold BethTzedec/Beth Sholom 2024 will again resume at Beth Sholom on Monday nights beginning in January and continue for 12 weeks. It will operate from 5:30 until 9:30 PM and offer a hot dinner, clothing distribution, an art program, BINGO and bagged lunches. Unfortunately, the sleepover and breakfast program will not be offered but the annual Art Showcase and Sale featuring the work of our talented artists in the OOTC Art Circle will be held at the end of the 12-week term.

There will be many volunteer options available for adults and teens, as well as many opportunities for the bar/bat mitzvah groups to get involved. Community service hours will be provided to high school volunteers. Shifts are approximately two hours and volunteers can sign up for the dinner set up, dinner service, distribution of clothing or volunteering in the art program and BINGO. Adult volunteers are needed to supervise students in the sandwich-making program and to oversee the volunteer and guest check-in desks. Shift leaders are also required. Watch for registration information in Beth Tzedec's weekly newsletters and website in early October.

OOTC is a self-funded initiative, relying on donations from both synagogues and their memberships. Our clothing and supplies inventory has been depleted through our partnership with a downtown church over the past few years. Adults-only new or gently used jeans, pants, t-shirts, sweatpants, sweatshirts,

warm ski jackets, running shoes, winter boots, hiking boots, hats, scarves and gloves are urgently required. New sleeping bags and underwear, and hotel-sized toiletries are also required. Please do not donate summer clothing or child-sized clothing. Donations should be bagged, labelled and dropped off at Beth Sholom, weekdays between 9:00 AM and 4:00 PM beginning October 10.

For more, please contact the Synagogue Office at 416-781-3511 or [info@beth-tzedec.org](mailto:info@beth-tzedec.org) and leave a message for Maureen Tanz.

## "Thursday Games Afternoons" are Back!

Beginning Thursday, October 12, join us at Beth Tzedec from 1:00 to 3:30 PM for a social afternoon of Mahjong, Canasta and Bridge, for beginners and seasoned veterans alike. Cost: \$2 weekly donation supporting our *hesed* initiatives. Mahjong and Canasta lessons will be available. Watch for lessons registration coming soon.

## Hesed Fund Occasion Cards

Tribute *hesed* cards are available for purchase through the Synagogue office for all of your family occasions, including Rosh Hashanah. Please consider supporting our program by having the funds directed to the Out of the Cold program.

I would like to wish everyone a *Shanah Tovah* and may the coming year be filled with good health, happiness and peace for everyone.

—Maureen Tanz,  
Chair, *Hesed* Committee



# Tributes

Make a donation, send a tribute card and include your listing here to honour your friends and loved ones. For more information about tribute opportunities, call the office at 416-781-3511.

## Arts and Culture Fund

Malki Lazar and family, commemorating the yahrtzeit of **Evelyn Lazar**.

Brenda Orser, acknowledging honoring **Aviva Chernick** and **Srul Irving Glick** <sup>ztl</sup>.

Allan and Ellen Rosenbluth, acknowledging **Aviva Chernick** in memory of **Dr. Avinoam B. Chernick**.

## Cantor Sidney Ezer Discretionary Fund

Nathan Greenberg and family, commemorating the yahrtzeit of **Rebecca Greenberg**.

Lana, Sheldon and Jamie Kerzner, honouring **Cantor Sidney Ezer**.

## Daily Minyan Breakfast Fund

Jordan E Cohen, honouring the memory of **Beverley Cohen**.

Jeffrey Cummings and family, commemorating the yahrtzeit of **Robert Cummings**.

Jeffrey and Jane Gertner, commemorating the yahrtzeit of **Ruth Gertner**.

Jeffrey and Jane Gertner, commemorating the yahrtzeit of **Sidney Oscar Stern**.

Sam and Melissa Glazer, commemorating the yahrtzeit of **Albert Glazer**.

Sam and Melissa Glazer, commemorating the yahrtzeiten of **Jennie and Melville Potash**.

Nathan Greenberg, commemorating the yahrtzeit of **Morris Greenberg**.

Norman and Jackie Kahn, commemorating the yahrtzeit of **Herbert Kahn**.

The Milne and Resnick Families, commemorating the yahrtzeit of **Ruth Milne**.

Jessie, Norm and Edie Neuberger, honouring **Jessica Neuberger** and **Jake Silverthorn** on their marriage.

Brenda Orser, acknowledging **Mark Burstyn and family** in memory of **Rabbi Bernie and Rhonda Byrstyn**.

The Promislow Family, commemorating the yahrtzeit **Arlene Gandler Moskowitz**.

The Promislow Family, commemorating the yahrtzeit **Dorothy Promislow**.

The Promislow Family, commemorating the first yahrtzeit of **Shirley Promislow**.

The Promislow Family, marking the conclusion of kaddish for **Shirley Promislow**.

Debbie Rothstein and Michael Friedman, honouring **Dot Whitehouse**.

Patti and Sheldon Rotman, acknowledging **Eric Sobel** in memory of **Norman Sobel**.

Patti and Sheldon Rotman and family, commemorating the yahrtzeit of **Norem Litvak**.

The Seigel Family, commemorating the yahrtzeit of **Harold Seigel**.

Judi Shostack and family, commemorating the 40<sup>th</sup> yahrtzeit of **Aron Shostack**.

Jason Stein, commemorating the yahrtzeit of **Jeannette Stein**.

Maureen and Bernie Tanz, honouring **Lorne Tanz and Natalie Gardner** on their marriage.

Dorothy Tassis and family, commemorating the yahrtzeit of **Stanley Tassis**.

Rabbi Steven and Jody Wernick, commemorating the yahrtzeit of **Judy Ellen Wernick**.

Lisa and Howard Winston and family, commemorating the yahrtzeit of **Shirley Krem**.

Sharon Yale and Blake Teichman, commemorating the yahrtzeit of **Esther Yale**.

The Zeldin and Bleiweis Families, marking the conclusion of *shloshim* for **Dr. John Zeldin**.

## Food Insecurity Fund

The Citron and Himel Family, commemorating the yahrtzeit of **S. Paul Citron**.

Melissa and Sam Glazer, commemorating the yahrtzeiten of **Saul and Gertrude Pasen**.

Nathan Greenberg, acknowledging **Nancy Golden** in memory of **Dr. Sidney Golden**.

Nathan Greenberg, commemorating the yahrtzeit of **Jacob Greenberg**.

Sharon and Paul Haberman, commemorating the yahrtzeit of **Harry Winer**.

Ann Kamin-Collis, commemorating the yahrtzeit of **Celina Raber**.

Pauline Konviser, commemorating the yahrtzeit of **Arthur Konviser**.

Pauline Konviser, commemorating the yahrtzeit of **Rachel Konviser**.

Patti and Gary Pollock and family, commemorating the yahrtzeit of **Harry Aiken**.

Jeanne and Irving Salit, honouring **Mel and Sandy Brown** on their 60<sup>th</sup> anniversary.

Dot Whitehouse, honouring **Rav Baruch and Josette Frydman-Kohl and family**.

## General Fund

Diane Abbey-Livingston, commemorating the yahrtzeit of **Minnie Abbey**.

Allan and Gail Atkins, commemorating the yahrtzeit of **Faye Atkins**.

The Bennett Family, commemorating the yahrtzeit of **Geoffrey Bennett**.

Marshall Drukarsh, commemorating the yahrtzeit of **Vallee Lillian Drukarsh**.

Marshall Drukarsh, commemorating the yahrtzeit of **Judge Charles Drukarsh**.

Marshall Drukarsh and family, commemorating the yahrtzeit of **Florence Drukarsh**.

Pearl and David Elman, commemorating the yahrtzeit of **Saul Elman**.

Pearl and David Elman, commemorating the yahrtzeit of **Clara Zucker**.

Pearl and David Elman, commemorating the yahrtzeit of **William Ostreger**.

Aaron Jerome Fein, honouring **Yacov Fruchter**.

Maxine Fish and family, commemorating the yahrtzeit of **Samuel Levin**.

Daniel Gold, commemorating the yahrtzeit of **Honorable Alan Gold**.

Barry Greenberg and Susan Laufer, commemorating the yahrtzeit of **Estelle Greenberg**.

Barry Greenberg and Susan Laufer, commemorating the yahrtzeit of **Percy Greenberg**.

Saul and Bonnie Greenberg, commemorating the yahrtzeit of **Abraham Greenberg**.

Martin Halpern and Karen Glass, commemorating the yahrtzeit of **Malca Janice Litovitz**.



Arlene Hinel, commemorating the yahrtzeit of **Sharon Zuckerman**.

Lou and Magda Hoffer, commemorating the yahrtzeit of **David Hoffer**.

Terri Humphries, acknowledging **Eric Sobel and family** in memory of **Norman Sobel**.

David and Nadine Koff, commemorating the yahrtzeit of **Simon Zalman Koff**.

Mildred Kriezman and family, commemorating the yahrtzeit of **Sol Glazier**.

Susan Laufer and Barry Greenberg, commemorating the yahrtzeit of **Max Berlin**.

Susan Laufer and Barry Greenberg, commemorating the yahrtzeit of **Irving Berlin**.

Ellen and Alan Levine, commemorating the yahrtzeit of **Shirley Steinberg**.

Baruch Lipinsky

Rena and Larry Marcus, commemorating the yahrtzeit of **Helen Baltman**.

Ruth and Joseph Axler, commemorating the yahrtzeit of **Mary Margles**.

The MCCSS LSB Social Committee, acknowledging **Deborah Baumgarten** in memory of **Susan Baumgarten**.

Murray and Susy Miller and family, commemorating the yahrtzeiten of **Bessie Miller and Allan Miller**.

Frances Novack, commemorating the yahrtzeit of **Brian Rayner**.

Sharon Pupko and family, commemorating the yahrtzeit of **Rita Capland**.

Sharon Pupko and family, commemorating the yahrtzeit of **Herschel Greenspan**.

Sharon Pupko and family, acknowledging **Aviva Chernick** in memory of **Dr. Avinoam B. Chernick**.

Ralph and Karen Rabinowicz, commemorating the yahrtzeit of **Louis Rabinowicz**.

Peter Rusk, acknowledging **Deborah Baumgarten** in memory of **Susan Baumgarten**.

Michael and Helayne Shainhouse, commemorating the yahrtzeit of **Louis Shainhouse**.

Paul Sheldon and Amy Phillips, commemorating the yahrtzeit of **Clare Sheldon**.

Sylvia Steinberg and family, commemorating the yahrtzeit of **Rozica Glanzstein**.

Sylvia Steinberg and family, commemorating the yahrtzeit of **Arnold Steinberg**.

Sylvia Steinberg and family, commemorating the yahrtzeit of **Josef Glanzstein**.

Elaine and Joseph Steiner, honouring the **Beth Tzedec Clergy**.

Stephen Tanny and Sharon Weinstein, acknowledging **Brian Dias** in memory of **Adriano Dias**.

Dorothy Tassis, commemorating the yahrtzeit of **Zenek Wajgensberg**.

Jane and John Trachtenberg, commemorating the yahrtzeit of **Fritz Rothschild**.

### Hesed Fund

Frances Ackerman and Henry Einstoss, commemorating the yahrtzeit of **Bella Einstoss**.

The Ess Gezunterheit Small Group, wishing **Rabbi Fryer Bodzin** *refuah sheleimah*.

Maxine Gallander Wintre, acknowledging **Lorraine Sandler** in memory of **Mickey Weinstock**.

Lorraine Gangbar, Rickie Wise and Jane Myers, honouring **Bonnie Greenberg**.

Shep and Lorraine Gangbar, acknowledging Lorraine Sandler in memory of **Mickey (Morris) Weinstock**.

Jerry Grammer and Michael Grammer, wishing **Rabbi Fryer Bodzin** *refuah sheleimah*.

Nathan Greenberg, acknowledging **Eric Sobel** in memory of **Norman Sobel**.

Nathan Greenberg, commemorating the yahrtzeit of **Joseph Greenberg**.

Barbara and Nathan Haber and family, commemorating the yahrtzeit of **Bettye Morton**.

Mary Ellen Herman, commemorating the yahrtzeit of **Michael John Herman**.

Edna Hussman, Ayal Lesh, Dori Hussman-Lesh, honouring **Bari and Teddy Zittell** on the marriage of their son **Zack and Claire**.

Bobbi and Harvey Lewin, commemorating the yahrtzeit of **Aaron Leiderman**.

Mark and Judith Libman, acknowledging **Lorraine Sandler** in memory of **Mickey (Morris) Weinstock**.

Ruth Nichols, commemorating the yahrtzeit of **Carolyn Cronenberg**.

Ruth Nichols, commemorating the yahrtzeit of **Hilda Nichols**.

William Prusin, acknowledging **Dr. Stephen Weingarten** in memory of **Fern Weingarten**.

Gella and Paul Rothstein, acknowledging **Nancy Goldein** in memory of **Sidney Golden**.

Patti and Sheldon Rotman, acknowledging **Aviva Chernick** in memory of **Noam Chernick**.

Patti and Sheldon Rotman, honouring **Dr. Ira and Esther Kirshen** on their 40<sup>th</sup> anniversary.

Sheldon and Patti Rotman, honouring **Larry and Vera Finkelstein** on their 65<sup>th</sup> anniversary.

Dorothy Tonchin, honouring **Lyon Wexler** for his volunteering.

Terry and Nadine Walman and family, acknowledging **David Golden** in memory of **Dr. Sidney Golden**.

### Howard (Hy) Cooper Trust Fund

An anonymous contribution, honouring the **Beth Tzedec Men's Club**.

Art and Carole Andrews, acknowledging **Enid Orvitz and family** in memory of **Ralph Orvitz**.

Art and Carole Andrews, acknowledging **Shirley Rachman** in memory of **Harvey Rachman**.

Ronnie Hoffer and family, acknowledging the memory of **Sam Hoffer**.

Rayna Jolley, honouring **Jerry Grammer**.

### Jewish Family Living Fund

Brenda Orser, acknowledging **Clare, Ken and Noah Shapiro** in memory of **Jakob Shapiro**.

### Kaddish Fund

Toby Turk and family, honouring the memory of **Marvin Turk**.

### Kosher Food Bank

Bella and Leonard Brody, commemorating the yahrtzeit of **Avraham Jacobs**.

Leonard and Bella Brody, commemorating the yahrtzeit of **Aaron Brody**.

Pearl and David Elman, commemorating the yahrtzeit of **Miriam Ostreger**.

Pearl and David Elman, commemorating the yahrtzeit of **Morris Zucker**.

Nathan Greenberg, commemorating the yahrtzeit of **Anne Greenberg**.

Sharon and Paul Haberman, commemorating the yahrtzeit of **Doris Winer**.

Gloria Houser and family, commemorating the yahrtzeit of **Cyril Houser**.

Esther Korn, commemorating the yahrtzeit of **Rosa Korn**.

Irving Matlow, commemorating the yahrtzeit of **Goldie Matlow**.

Amy Phillips and Paul Sheldon, commemorating the yahrtzeit of **Frances Phillips**.

Deborah Staiman, commemorating the yahrtzeit of **Herman Itkoff**.

Deborah Staiman, commemorating the yahrtzeit of **Rebecca Staiman**.

### Little Minyan Fund

Debbie Rothstein and Michael Friedman, acknowledging the **Golden Family** in memory of **Dr. Sidney Golden**.

### Membership Relief Fund

Vera and Larry Finkelstein, honouring their 65<sup>th</sup> anniversary.

Gella and Paul Rothstein, commemorating the yahrtzeit of **Marjorie Rothstein**.

### Music Fund

Wendy and Elliot Eisen, commemorating the yahrtzeit of **David Eisen**.

Francine and Alan Peters, commemorating the yahrtzeit of **Norman Stein**.

Albert Weinstein and family, commemorating the yahrtzeit of **Evelyn Weinstein**.

### Out-of-the-Cold Fund

Sally Gallinger, commemorating the yahrtzeit of **Rose Gottlieb**.

Beverly Kupfert and Brian Heller, commemorating the yahrtzeit of **Eva Kupfert**.

Malki Lazar and family, commemorating the yahrtzeit of **Lazer Lazar**.

Malki Lazar and family, commemorating the yahrtzeit of **Regina Lazar**.

Mitch and Anne Max, honouring **Min Drevnig** on her 95<sup>th</sup> birthday.

Patti and Gary Pollock and family, honouring **Warren Green** on his 85<sup>th</sup> birthday.

Allan Weinstein and family, commemorating the yahrtzeit of **Tova Ayalon**.

### Prayer Book Fund (Siddur)

Sandra and Martin Karp, commemorating the yahrtzeit of **Paul Weisfield**.

Sandra and Martin Karp, commemorating the yahrtzeit of **Samuel Weisfield**.

Millard Roth, commemorating the yahrtzeiten of **Juanita and Manny Roth**.

### Rabbi Robyn Fryer Bodzin Discretionary Fund

Ira Band, honouring **Rabbi Fryer Bodzin** for leading the Grieving Together Support Group.

Ira Band, honouring **Yacov Fruchter** for leading the Grieving Together Support Group.

Deborah Baumgarten, honouring **Rabbi Fryer Bodzin**.

Deborah Baumgarten, honouring **Rabbi Fryer Bodzin** for her leadership during shiva.

Nancy and Bruce Elman, commemorating the yahrtzeit of **Fanny Adelsberg**.

Ralf and Ileana Gold, commemorating the yahrtzeit of **Dina Gold**.

Ileana and Ralf Gold, commemorating the yahrtzeit of **Ion Cernauti**.

Howard and Ilsa Kamen and family, acknowledging **Aviva Chernick** in memory of **Dr. Avinoam B. Chernick**.

Howard and Ilsa Kamen and family, acknowledging **David Golden** in memory of **Dr. Sidney Golden**.

Howard and Ilsa Kamen and family, honouring **Corinne Hart** on her birthday.

Lana, Sheldon and Jamie Kerzner, honouring **Rabbi Fryer Bodzin**.

Harriet and Suzanne Lilker, wishing **Rabbi Fryer Bodzin** *refuah sheleimah*.

Lynnda and Jeffrey Pancer and family, commemorating the yahrtzeit of **Edythe Rubin**.

Debbie Rothstein and Michael Friedman, wishing **Rabbi Fryer Bodzin** *refuah sheleimah*.

Sheila Rubinoff and family, honouring **Rabbi Fryer Bodzin**.

### Rabbi Steven Wernick Discretionary Fund

Marilyn Appleton, honouring **Rabbi Steven Wernick**.

Mel and Sandy Brown, honouring **Rabbi Steven Wernick**.

Marnie Burke and family, commemorating the yahrtzeit of **Pauline Burke**.

Mauri and Cheryl Cepler, commemorating the yahrtzeit of **Joseph Louis Cepler**.

Graeme Coupland

Harvey and Lisa Golombek, commemorating the yahrtzeit of **Isie Golombek**.

Arlene Grajcer, commemorating the yahrtzeit of **Annette Nathan**.

Rayna Jolley, honouring **Rabbi Steve and Jody Wernick** on their daughter's graduation.

Pearl and Jerome Kazdan, commemorating the yahrtzeit of **Jeanette Schwartz**.

Harold and Ruth Margles, commemorating the yahrtzeit of **Mary Margles**.

Barry and Susan Phillips, commemorating the yahrtzeit of **Florence Phillips**.

Deborah Staiman, commemorating the yahrtzeit of **Shirley Staiman**.

Jason Stein, honouring **Rabbi Steven and Jody Wernick**.

### Refugee Program

Harry Enchin and Susan Friedrich, honouring **Yacov Fruchter**.

Maxine Gallander Wintre, commemorating the yahrtzeit of **Harold Gallander**.

Maxine Gallander Wintre and family, commemorating the yahrtzeit of **Helaine Gallander**.

Elliott and Perri Kirshenblatt, commemorating the yahrtzeit of **Lou Kirshenblatt**.

Esther and Jerry Kravice and family, commemorating the yahrtzeit of **Fanny Pesses**.

Pauline Menkes and family, commemorating the yahrtzeit of **Florence Weintraub**.

Pauline Menkes and family, commemorating the yahrtzeit of **Murray Menkes**.

Gella and Paul Rothstein, commemorating the yahrtzeit of **Pauline Goldhar**.

Gella and Paul Rothstein, honouring **Maxine Gallander Wintre** on her 75<sup>th</sup> birthday.

Sheldon and Patti Rotman and family, acknowledging **Necha Jakubowicz** in memory of **Adela Grinbaum**.

Robert Schachter and family, commemorating the yahrtzeit of **Helen Schachter**.

Robert Schachter and family, commemorating the yahrtzeit of **Samuel Schacter**.

### The Rabbi Baruch Frydman-Kohl Endowment Fund

Frances Ackerman, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Rabbi Julia Appel and Aaron Wenner, honouring **Rabbi Fryer Bodzin** for all that she does for the community.

Gerry and Joy Arbus, honouring **Helen Arbus** on her special birthday.

Brad and Heni Ashley and family, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Rosalee Berlin, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Howard and Marlene Black and family, honouring **Rabbi Baruch Frydman-Kohl** on his 'official' retirement.

Mel and Sandy Brown and family, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Paul and Tammy Brown, commemorating the yahrtzeit of **Gina Brown**.

Bayla and Leo Chaikof, commemorating the yahrtzeit of **Rose Appel**.

Jordan E Cohen, honouring the memory of **Beverly Cohen**.

Gertrude Diamond and family, honouring **Rabbi Baruch Frydman-Kohl**.

Diane and Ronnie Ennis, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Vera and Larry Finkelstein, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Ilene and Stephen Flatt, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Phyllis Flatt, acknowledging **Merle Eisen** in memory of **Leonard Eisen**.

Sandy Galet, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Maxine Gallander Wintre, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Dr. Eudice Goldberg and family, commemorating the yahrtzeit of **Arthur Konviser**.

Karen and Sidney Goldenberg, commemorating the yahrtzeit of **Muriel Goldberg**.

Diane Grafstein, acknowledging **Les Aaron** in memory of **Irving Aaron**.

Bonnie and Saul Greenberg, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Andrew and Sharon Himel, Alec and Will Biderman, honouring the memory of **Malka Green**.

Noreen Kay and family, commemorating the yahrtzeit of **Gary Kay**.

Lana, Sheldon and Jamie Kerzner, honouring **Rabbi Baruch Frydman-Kohl**.

Esther Korn, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

The Kreindler and Lerner Families, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Roslyn Mendelson, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Roslyn Mendelson and family, commemorating the yahrtzeit of **Audrey Bigman Ellison**.

Roslyn Mendelson and family, commemorating the yahrtzeit of **Joseph Bigman**.

Roslyn Mendelson and family, commemorating the yahrtzeit of **Dr. Murray Mendelson**.

Honey Milstein and family, commemorating the yahrtzeit of **Solly Nisker**.

Rachel Nisker, commemorating the yahrtzeit of **Morris Prusznowski**.

Roslyn Oslender, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Gerry and Sherna Posner, honouring **Alan and Rosalynd Pyzer** on their 50<sup>th</sup> anniversary.

The Promislow Family, honouring **Rabbi Baruch Frydman-Kohl**.

Manny and Ruthie Putter and family, honouring **Rabbi Baruch Frydman-Kohl** for his guidance, kindness and friendship.

Esterita Rajskey and family, commemorating the yahrtzeit of **Ida Zelda Chananie**.

Joel and Jill Reitman, commemorating the yahrtzeit of **Cyril Reitman**.

Joel and Jill Reitman, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Debbie Rothstein and Michael Friedman, acknowledging **Aviva Chernick** in memory of **Dr. Noam Chernick**.

Sheila Rubinoff, commemorating the yahrtzeit of **Melvyn Paul Rubinoff**.

Sheila Rubinoff, commemorating the yahrtzeit of **Rose Langer**.

Sheila Rubinoff and family, commemorating the yahrtzeit of **Gary Rubinoff**.

Marvin and Carole Sherkin, commemorating the yahrtzeit of **Rose Sherkin**.

Ruth and Mel Steinhart, commemorating the yahrtzeit of **Allan Martin Siegel**.

Bernice Stern and family, commemorating the yahrtzeit of **Leo Stern**.

Dorothy Tassis and family, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Steven and Line Troster, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Eleanor Wisenberg, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

### Torah Through the Ages Fund

Esther Westelman, acknowledging **Bernie Abrams** in memory of **Tona Abrams**.

Esther Westelman, honouring **Charna Foxman** on her birthday.

### Website Development Fund

Susan and Abraham Born, honouring **Lorne Hanick** for his ongoing and consistent support and guidance.

**Jordan E. Cohen**, honouring the memory of **Beverly Cohen**.

### Yom Hashoah Candle Fund in memory of Jules and Pearl Surdin

Morris and Lorraine Rotbard, commemorating the yahrtzeit of **Harry Rotbard**.

Cathy Surdin and Lawrence Schiff, acknowledging **Lili, Noa and Dina Lipton** in memory of **Bonnie Gould**.

Cathy Surdin and Lawrence and Brooke Schiff, acknowledging **Edward Antecol** in memory of **Florence Antecol**.

### Young Professionals Fund

Kanishka Gaggar, honouring the memory of **Rajesh Malpani**.

Francine and Alan Peters, commemorating the yahrtzeit of **Sol Unger**.

### Youth Initiatives Fund in memory of Adam Kruger

The Kruger and Goldhar Families, acknowledging **Michael Goldberg and family** in memory of **Tillie Goldberg**.

**MAKE A DIFFERENCE.  
DONATE TODAY.**

Email the office for a list of Beth Tzedec funds.

# Beth Tzedec Generations Membership

Our **FREE** membership  
for those under 40.



For more information about this program, contact Klara at 416-781-3514, ext 220 or [kromm@beth-tzedec.org](mailto:kromm@beth-tzedec.org)

This year, when you  
**CELEBRATE • HONOUR • COMMEMORATE**  
Choose 'Treasures of Beth Tzedec' Tribute Cards



Our 'Treasures of Beth Tzedec' series, by local photographer Darren Levant, beautifully captures signature architectural details, noteworthy art and precious artifacts—timeless treasures of our Congregation. The Tribute cards featuring general, lifestyle and holiday themes, with space to add your own personal message, are available as a set of 6, or as individual cards sent from the Synagogue office.

- Purchase a package of 6 cards for \$50, or \$10 for an individual card, and personalize and send them out yourself; or
- Call us to order cards at a cost of \$18 each and we'll inscribe and send them out for you.

All 'Tribute card' contributions are fully tax receiptable. For information or to purchase, contact the Synagogue Office at 416-781-3511 or [info@beth-tzedec.org](mailto:info@beth-tzedec.org).



**Minimum Spend \$90 + HST**

**Rosh Hashanah Menu 2023 | 5784**

Email Orders to [orders@apexkoshercatering.com](mailto:orders@apexkoshercatering.com)

All Orders Must be Received by Wednesday September 6<sup>th</sup>, 2023

Available for Pick-Up From 11AM to 1PM on Friday September 15<sup>th</sup>, 2023

Call 416 901 5044 ext 1

**Soups & Appetizer**

- |  | Quantity                 |
|--|--------------------------|
| Butternut Squash and Pear Soup<br>\$18 per litre (serves 4)  | <input type="checkbox"/> |
| Chicken Noodle Soup with Brunoise of<br>Carrot, Celery, Onion and Diced Chicken<br>\$20 per litre (serves 4) | <input type="checkbox"/> |
| Matzah Balls<br>\$2 per piece (2.5" – 3" Diameter)   | <input type="checkbox"/> |
| Sweet Gefilte Fish<br>With Red Horseradish and Carrots<br>\$5 per 4oz portion                                | <input type="checkbox"/> |
| Salt and Pepper Gefilte Fish<br>With Red Horseradish and Carrots<br>\$5 per 4oz portion                      | <input type="checkbox"/> |

**Salad**

- |  |                          |
|--|--------------------------|
| Mixed Green with Aged Balsamic Watermelon, Sweet<br>Pickled Cabbage, Rosemary Grilled<br>Peaches, Cherry Tomatoes, Raspberry Vinaigrette<br>\$6 per portion                      | <input type="checkbox"/> |
| Classic Caesar Salad<br>Romaine, Herb and Garlic Croutons<br>Creamy Caesar Vinaigrette<br>\$6 per portion  | <input type="checkbox"/> |
| Tossed Chickpea Salad<br>Chickpeas, Tomato, Cucumber, Edamame,<br>Maple Dijon Roasted Sweet Potato, Sweet and Spicy<br>Croutons, Honey Lime Vinaigrette<br>\$7 per portion (5oz) | <input type="checkbox"/> |

**Sides/Starch**

- |  |                          |
|--|--------------------------|
| Maple Dijon Roasted Sweet Potatoes<br>\$6 per portion (6oz)  | <input type="checkbox"/> |
| Potato Latke<br>With Herb Garlic Swiss Charred Onion<br>\$6 per piece (3" round)                           | <input type="checkbox"/> |
| Avocado Harissa "Butter" Roasted<br>Tricolour Carrots, Parsnips, Butternut Squash<br>\$6 per portion (6oz) | <input type="checkbox"/> |
| Herb Sautéed Mixed Vegetables<br>\$6 per portion (6oz)   | <input type="checkbox"/> |

**Client Information**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Date \_\_\_\_\_ Phone # \_\_\_\_\_  
 Email \_\_\_\_\_  
 Credit Card # \_\_\_\_\_  
 Expiry \_\_\_\_\_ CVC \_\_\_\_\_

**Mains**

- |   | Quantity                 |
|---|--------------------------|
| Crispy Breaded Chicken Roulade<br>Stuffed with Smoked Pastrami and Caramelized Onion<br>Served with Au Jus<br>\$22 per portion      | <input type="checkbox"/> |
| Seared Chicken Supreme with Herb and Garlic Served<br>with Cast Iron Grape and Mandarin Salsa With an Au<br>Jus<br>\$19 per portion | <input type="checkbox"/> |
| Chicken Scaloppini<br>Topped with Spinach, Artichoke,<br>Mushroom Ragout<br>\$17.50 per portion                                     | <input type="checkbox"/> |
| Applewood Home Smoked Brisket<br>With Herb Mushroom Jus<br>\$28 per 8oz cooked weight   | <input type="checkbox"/> |
| Maple Orange Rosemary Salmon Filet<br>With a Strawberry Mango Salsa<br>\$23 per portion (6oz)                                       | <input type="checkbox"/> |

**Additional**

- |  |                          |
|--|--------------------------|
| Chicken Fingers<br>With Ketchup and Plum Sauce<br>\$30 per dozen | <input type="checkbox"/> |
| Chipotle Chicken Wings<br>\$24 per pound                         | <input type="checkbox"/> |
| Sticky Honey Garlic Chicken Wings<br>\$24 per pound              | <input type="checkbox"/> |
| Apple Kugel<br>\$16 per pan (7"x4")                              | <input type="checkbox"/> |
| Potato Kugel<br>\$14 per pan (7"x4")                             | <input type="checkbox"/> |

**Dessert**

- |   |                          |
|---|--------------------------|
| Frozen Lemon Cake<br>\$65 per cake (Serves 12)  | <input type="checkbox"/> |
| Apple Crumble Tart<br>\$38 per tart (8-10 Servings)   | <input type="checkbox"/> |
| Assorted Biscotti<br>Apricot and Cranberry, Cinnamon Sugar,<br>Mocha Chip<br>\$36 per dozen | <input type="checkbox"/> |
| Chocolate Decadence Cake<br>\$60 per cake   | <input type="checkbox"/> |
| Honey Apple Cake<br>\$38 per loaf pan (7"x4")   | <input type="checkbox"/> |

Pick Up: BE  BT

Delivery  \$15.00 In GTA

# Mahzor Lev Shalem

Several years ago, Beth Tzedec introduced *Mahzor Lev Shalem*, a completely updated prayer book for the High Holy Days.

You can inscribe a volume of *Mahzor Lev Shalem* in honour or in memory of a loved one, or to mark a special occasion. Each *mahzor* will bear a personalized bookplate in acknowledgement.

To inscribe a *mahzor*, contact the Synagogue Office at 416-781-3511



## Condolences

The Congregation extends our heartfelt condolences to the families of the late:

Max Cohen	Seymour Pollack
Helena Feld-Lockett	Sylvia Pullan
Heidi Kaplan-Hefter	Carol Rapp
Larry Kinkelstein	David Reiss
Nancy W. Klein	Joseph Rosenthal
Monte Kwinter	Frances Rotstein
Ellie Leboff	Dr. Morad Sarraf
Jack Livingston	Marilyn Smith
Aarron Meirovich	Luba Smuschkowitz
Kenneth Samuel Novack	Sheila Valentine
Dr. Ivan Barry Pless, O.C.	Sunderland
Edith Pollock	Mickey (Morris)
	Weinstock

*“May the God of mercy sustain and strengthen them in their sorrow.”*

## Memorial Plaques

If you wish to honour the memory of a dear one, a fitting, traditional and dignified remembrance is through a memorial plaque and lamp. Each plaque, bearing the name and yahrtzeit date, is mounted on a bronze tablet in the Sanctuary. The lamp is lit on the Shabbat of the week of the yahrtzeit, on the day of the yahrtzeit, and on the four festivals during the year when Yizkor is recited. To order a memorial plaque, call 416-781-3511.

## Everything we do Today is for Tomorrow

Beth Tzedec has a number of opportunities for members wishing to support our tzedakah initiatives. Honour the memory of a loved one by making a contribution to one of our funds or inscribing a *siddur* on a yahrtzeit.

For a complete list of funds, or call 416-781-3511.

If you are interested in leaving a legacy for the Congregation to name a special project, youth program or adult education seminar, we would be pleased to help you plan today for tomorrow. Email our Executive Director, **Phil David** at 416-781-3514 ext. 211 to discuss these opportunities in confidence.

# Inscribe our Siddurim!

Inscribe one or more of our *SIDDURIM*, to mark a celebration, special occasion or achievement, or to honour the memory of a loved one. Each *SIDDUR* will bear an elegant, personalized bookplate to acknowledge the *MITZVAH* of your gift to Beth Tzedec.



To inscribe a siddur,  
call 416-781-3511



Beth Tzedec's Women's Trip to

# ISRAEL

**November 4 to 12, 2024**

(Land only)

For information, contact Rabbi Fryer Bodzin at [RabbiRFB@beth-tzedec.org](mailto:RabbiRFB@beth-tzedec.org).



"We are grateful for everything we've done together and look forward to working together with you in the new year."

Sincerely,  
The Apex Team

The Rosh Hashana Menu is available on our Website: [www.apexkoshercatering.com](http://www.apexkoshercatering.com)  
Call: 416-901-5044  
Email: [info@apexkoshercatering.com](mailto:info@apexkoshercatering.com)



## Beth Tzedec Small Groups Initiative

We are excited for our 2023/2024 year of Beth Tzedec Small Groups. Beth Tzedec Small Groups are an opportunity to connect with other Beth Tzedec members over a shared goal, project or interest. BT Small Groups are not just a 'program'. They are a way to commit to a new peer group and learn, explore and build community together.

### SENIORS

#### **Wise Aging: A Year of Contemplative Inspiration**

Led by Dana Solnik  
Tuesdays at 11:00 AM  
(Monthly)

#### **Ess Gezunterheit**

Led by Judy Libman  
Thursdays at 4:30 PM  
(Weekly)

#### **B-Fit: An Interactive Wellness Small Group for Boomer Women**

Led by Donna Cohen

### 20s AND 30s

#### **Advancing Your Career: A Mentorship Group**

Led by Norman Bacal and Naomi Kramer  
Tuesdays at 7:30 PM  
(Monthly)

#### **Between the Lines: A Social Justice Book Club**

Led by Alexandra Cuperfain  
Mondays at 7:30 PM  
(Monthly)

#### **Havurat Hodesh:**

#### **A Rosh Hodesh Group**

Led by Cantor Audrey Klein and Orly Fruchter  
Tuesdays at 7:30 PM  
(Monthly)

#### **Interfaith Families for Couples and Families**

Led by Jeremy Spira and Bianca Canavae  
Weekday evenings  
(Quarterly)

#### **Jewish Couplehood**

Led by Yacov Fruchter  
Tuesdays 7:30 PM  
(Monthly)

#### **Perfect Jewish Parents Eat Ice Cream**

Led by Leah Mauer and Naomi Kramer  
Thursdays (Monthly)

### GENERAL

#### **Chapters for Change: A Social Action Book Club**

Led by Bari Zittell  
Mondays at 7:30 PM  
(Monthly)

#### **Hug Ivrit**

#### **Led by David Golden**

Thursdays at 8:00 PM  
(Monthly)

#### **Putzing Around with Podcasts**

Led by Heski Bar-Isaac  
Wednesday at 7:30 PM  
(Monthly)

#### **The Tribes of Israel: A Video Lecture Series from the Shalom**

Hartman Institute  
Led by Stephen Margles  
Tuesdays at 7:30 PM  
(Monthly)

#### **What Does Hate Look Like?**

Led by Corinne Promislow  
Wednesday evenings  
(Monthly)

#### **Zentangle**

Led by Bonnie Greenberg  
Fridays at 1:00 PM  
(Monthly)

For more information or to register for a Small Group,  
visit <https://tinyurl.com/bt-small-groups-2023-2024>.